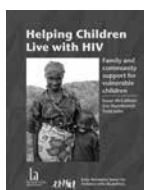


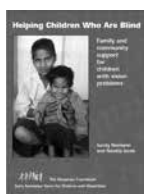
Other books from Hesperian Health Guides



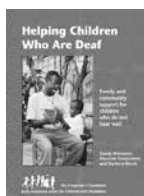
A Health Handbook for Women with Disabilities by Jane Maxwell, Julia Watts Belser and Darlena David provides women with disabilities and their caregivers advice on disability-friendly health care, caring for daily needs, healthy and safe sexual relationships, family planning, pregnancy and childbirth, and defense against violence and abuse. The book focuses on physical issues as well as social stigma and discrimination. 406 pages.



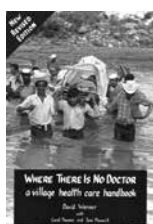
Helping Children Live with HIV by Susan McCallister, Zoe Marinkovich, and Todd Jailer, is designed to empower families and others to support young children affected by HIV. Helping Children Live with HIV is full of clear information, activities and stories. It provides practical guidance to promote early childhood development through meeting the physical and psychosocial needs of children made vulnerable by HIV. 320 pages.



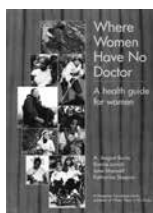
Helping Children Who Are Blind, by Sandy Niemann and Namita Jacob, aids parents and caregivers to help blind children from birth through age 5 develop all their capabilities. Includes: assessing how much a child can see, preventing blindness, moving safely, teaching common activities, and others. 192 pages.



Helping Children Who Are Deaf, by Darlena David, Devorah Greenstein and Sandy Niemann, aids parents, teachers, and caregivers help children with hearing loss learn basic communication skills and language. It gives simple methods to assess hearing loss, develop listening skills, explores how communities can help children with hearing loss, and ways parents and caregivers can support each other. 250 pages.



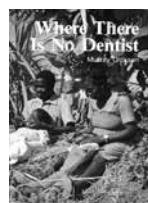
Where There Is No Doctor, by David Werner with Carol Thuman and Jane Maxwell. The most widely used health care manual in the world provides easy to understand information on how to diagnose, treat and prevent common diseases, emphasizing prevention: cleanliness, diet, vaccinations and community mobilization. 512 pages.



Where Women Have No Doctor, by A. August Burns, Ronnie Lovich, Jane Maxwell and Katharine Shapiro, combines self-help medical information with an understanding of the social factors that limit women's health. Essential information on problems that affect only women or affect women differently from men. 584 pages.



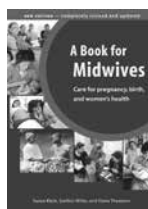
Health Actions for Women, by Melissa Smith, Sarah Shannon and Kathleen Vickery. Field tested by 41 community groups in 23 countries, it provides a wealth of clearly explained and engagingly illustrated activities, strategies and stories addressing the obstacles and practices that prevent women and girls from enjoying healthy lives. 352 pages.



Where There Is No Dentist, by Murray Dickson. How to care for teeth and gums at home, and in community and school settings. Detailed and illustrated information on dental equipment, placing fillings and pulling teeth, teaching hygiene and nutrition, and HIV and oral health. 208 pages



Recruiting the Heart, Training the Brain tells the story of Latino Health Access' groundbreaking promotor model of peer-to-peer outreach and education in Santa Ana, California. Facing problems such as obesity and diabetes, poverty and discrimination, their advice and accomplishments will spark hope and change across an increasingly unhealthy country. 288 pages.



A Book for Midwives, by Susan Klein, Suellen Miller and Fiona Thomson, a training tool and reference for anyone concerned about the health of women and babies in pregnancy, birth and beyond. Prenatal care, labor & delivery, complications, breast-feeding, and reproductive health. 544 pages.



A Community Guide to Environmental Health, by Jeff Conant and Pam Fadem, helps urban and rural health promoters, activists and community leaders take charge of their environmental health. From toilets to toxics, watershed management to waste management, and agriculture to air pollution. Activities, how-to make health technologies, and dozens of stories. 600 pages.



Helping Health Workers Learn, by David Werner and Bill Bower, is an indispensable resource that shows how to make health education fun and effective. Includes activities, tips, and techniques, and ideas for low-cost teaching aids. Emphasizing a people-centered approach to health care, it presents strategies for effective community involvement through participatory education. 640 pages.

All titles are available from Hesperian in both English and Spanish. For information regarding other language editions, prices and ordering information, or a description of Hesperian's work, please visit our website or contact us.



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