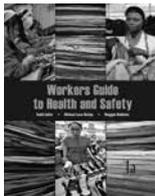


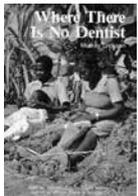
Other Titles from Hesperian Health Guides:



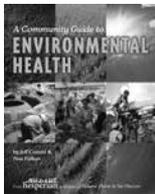
Where There Is No Doctor, by David Werner, Carol Thuman and Jane Maxwell, is the most widely used health manual in the world with information on how to diagnose, treat, and prevent common diseases, emphasizing prevention and the importance of community mobilization. 512 pages.



Workers' Guide to Health and Safety, by Todd Jailer, Miriam Lara-Meloy and Maggie Robbins, makes occupational safety and health accessible to those most affected by hazards — the workers themselves. An invaluable resource for training workers, supervisors, and safety committees, and in courses on labor relations.



Where There Is No Dentist, by Murray Dickson, shows how to care for teeth and gums at home, and in community and school settings. Detailed, illustrated information on dental equipment, placing fillings and pulling teeth, teaching hygiene and nutrition, and HIV and oral health. 236 pages.



A Community Guide to Environmental Health, by Jeff Conant and Pam Fadem, helps urban and rural health promoters, activists, and community leaders take charge of environmental health from toilets to toxics, watershed management to waste management, and agriculture to air pollution. Includes activities, how-to instructions, and stories. 617 pages.



Helping Health Workers Learn, by David Werner and Bill Bower, is an indispensable resource that makes health education fun and effective. Includes activities, techniques, and ideas for low-cost teaching aids, and presents strategies for community involvement through participatory education. 640 pages.



Disabled Village Children, by David Werner, covers most common disabilities of children, giving suggestions for rehabilitation and explaining how to make a variety of low-cost aids. Emphasis is placed on how to help children with disabilities find a role and be accepted in the community. 672 pages.



Helping Children Who Are Deaf, by Darlena David, Devorah Greenstein and Sandy Niemann, aids parents, teachers, and other caregivers to help deaf children learn basic communications skills and language. Includes simple methods to assess hearing, develop listening skills, and explore community support for deaf children. 250 pages.



Helping Children Who Are Blind, by Sandy Niemann and Namita Jacob, aids parents and caregivers of blind children from birth to age 5 develop all their capabilities. Topics include: assessing how much a child can see, preventing blindness, moving around safely, teaching common activities, and many others. 192 pages.

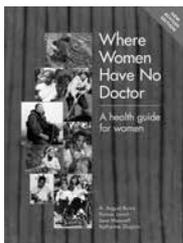


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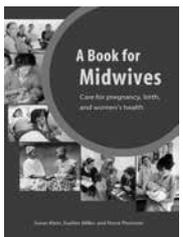
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Other Women's Health Titles from Hesperian Health Guides



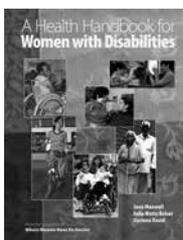
Where Women Have No Doctor, by A. August Burns, Ronnie Lovich, Jane Maxwell and Katharine Shapiro, is the perfect companion to *Health Actions for Women*, combining self-help medical information with an understanding of the ways poverty, discrimination and cultural beliefs limit women's health and access to care. Clearly written and with over 1000 drawings, this is an essential resources for any woman who wants to improve her health, and for health workers who want more information about the problems that affect only women and girls, or that affect women differently from men. 587 pages.

Available in many languages, including Burmese, Chinese, English, Kreyol, Lao, Nepali and Spanish.



A Book for Midwives, by Susan Klein, Suellen Miller and Fiona Thomson, is an invaluable training tool and practical reference for midwives and anyone concerned about care for women in pregnancy, birth and beyond. Created with the participation of dozens of community based midwives, trainers and medical specialists, this book discusses preventing, managing and treating obstetric complications, covers HIV in pregnancy, birth and breastfeeding, and has extensive information on reproductive care. 527 pages.

Available in many languages, including English, Nepali, Spanish and Urdu.



A Health Handbook for Women with Disabilities, by Jane Maxwell, Julia Watts Belser and Darlena David. The social stigma of disability and inadequate care are often greater barriers to health than disabilities themselves. This handbook provides groundbreaking advice and suggestions from women with disabilities worldwide, and helps women with disabilities improve their health, self-esteem, and ability to care for themselves and participate in their communities. Women with disabilities and their caregivers will find suggestions on disability-friendly health care, caring for daily needs, having healthy and safe sexual relationships, family planning, pregnancy and childbirth, defense against violence and abuse, and addressing social stigma and discrimination. 406 pages.

Available in many languages, including English and Spanish.

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