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Some children do well in life even though they live through very difficult times, such as the illness and death of people they love. To help children develop resilience, that is, be able to face difficulties with their own ways of coping, determination, and a positive attitude:

*Yes my dear, you will still go to school now that you live here.*



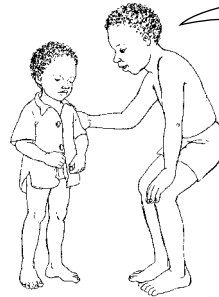
- Accept each child as worthy. Children who feel that people accept and care about them can face difficulties better than those who feel rejected or alone.



*I don't know why your mother had to leave you now. But she gave you a very good start in life, and we will keep her memory always.*

- Help a child find meaning in both the difficulties and the easier parts of his life.

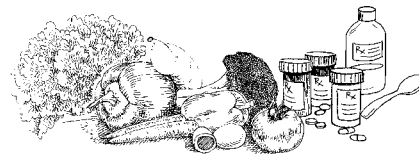
*Good Kofi, only 1 more.*



- Help a child develop skills. This gives a child confidence, a sense of control, and hope.



- Help a child see the humor in life.



- Give a child the food and medicines her growing body needs as it develops.

These things will help any person be more able to handle difficulties, including caregivers of young children, with or without HIV. Try to treat caregivers with kindness, acceptance, and support, so they will be better able to do the same for their children.