

## Where to Get More Information

Here is a small selection of organizations and printed materials that can provide useful information about blindness and young children. We have tried to list organizations and materials covering as many of the topics in this book as possible, and to include groups working in all areas of the world. Many of the printed materials are easy to adapt and often include other helpful resource lists.

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### ORGANIZATIONS

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#### **Blind Babies Foundation**

5016 Mission Street  
San Francisco, California 94112, USA  
phone: (1) 415-586-6140  
fax: (1) 415-586-6279  
e-mail: [bbfinfo@blindbabies.org](mailto:bbfinfo@blindbabies.org)  
<http://www.blindbabies.org>  
*Source of materials and publications, videos, and fact sheets for families with infants and young children who are blind.*

#### **Christoffel Blindenmission International (CBMI)**

Nibelungenstrasse 124, D-64625  
Bensheim, Germany  
phone: (49) 6251-131-0; fax: (49) 6251-131-165  
e-mail: [overseas@cbm-i.org](mailto:overseas@cbm-i.org)  
<http://www.cbmi.org>  
*Operates eye units, mobile eye-care services, village health centers, schools, and training institutions in 94 countries.*

#### **Helen Keller International**

USA: 90 West Street, 2<sup>nd</sup> floor  
New York, New York 10006, USA  
phone: (1) 212-766-5266  
Africa: P.O. Box 11728, Niamey, Niger  
e-mail: [hkiniger@intnet.ne](mailto:hkiniger@intnet.ne)  
phone: (227) 75-33-14  
Asia: Jl. Bungur Dalam 23A  
Kemang, Jakarta 12730, Indonesia  
phone: (62) 21-719-8147  
*Trains local partners in developing community gardening projects to grow vegetables and fruits to prevent blindness.*

#### **Hilton/Perkins Program**

Perkins School for the Blind  
175 N. Beacon St.  
Watertown, Massachusetts 02472, USA  
phone: (1) 617-972-7220; fax: (1) 617-923-8076  
e-mail: [collinsm@perkins.pvt.k12.ma.us](mailto:collinsm@perkins.pvt.k12.ma.us)  
*Provides technical assistance and support for the development of programs for multi-handicapped blind and deaf-blind children in developing countries.*

#### **Lighthouse International**

111 East 59 Street  
New York, New York 10022, USA  
phone in the USA: 800-829-0500  
phone outside the USA: (1) 212-821-9200  
fax: 212-821-9707  
e-mail: [info@lighthouse.org](mailto:info@lighthouse.org)  
<http://www.lighthouse.org>  
*Many useful on-line English language publications.*

#### **National Association for the Blind (NAB)**

11 Khan Abdul Gaffar Khan Road  
Worli Sea Face, Mumbai 400 025, India  
phone: (91) 22-493-6930  
<http://www.commercenetindia.com/nab/>  
*Branches in 18 States and 64 Districts in India, providing education, rehabilitation, training, and residential programs.*

#### **PLAN International**

Chobham House  
Christchurch Way, Woking  
Surrey GU21 1JG, UK  
phone: (44) 1483-755155  
fax: (44) 1483-756505  
*Works directly with communities and families in 40 countries, providing material aid and services. PLAN's child sponsorship program supports about 1 million children.*

#### **Royal National Institute for the Blind (RNIB)**

224 Great Portland Street  
London W1N 6AA, UK  
phone: (44) 020-7388-1266  
fax: (44) 020-7388-2034  
e-mail: [helpline@rnib.org.uk](mailto:helpline@rnib.org.uk)  
<http://www.rnib.org.uk>  
*Many on-line publications and useful links. The RNIB also produces an international database with detailed information about agencies for people who are blind:*  
[http://www.tiresias.org/agencies/agencies\\_a.htm](http://www.tiresias.org/agencies/agencies_a.htm)

**Sight Savers International**

Grosvenor Hall, Bolnore Road, Haywards Heath  
West Sussex RH16 4BX, UK

phone: (44) 4-446600

fax: (44) 4-446685

e-mail: [scastle@sightsaversint.org.uk](mailto:scastle@sightsaversint.org.uk)

<http://www.sightsavers.org.uk>

*Works with local partners in 25 countries, providing eye care, cataract surgery, education, and training.*

**World Blind Union**

ONCE – La Coruña, 18

28020 Madrid, Spain

phone: (34-1) 571-36-85; fax: (34-1) 571-57-77

e-mail: [umc@once.es](mailto:umc@once.es); <http://umc.once.es>

*Has member organizations in most countries, with programs in rehabilitation, education, training, health care, and income generation.*

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## PRINTED MATERIALS

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**An Orientation and Mobility Primer for Families and Young Children**

Dodson-Burke, Bonnie, and Hill, Everett W.

American Foundation for the Blind

P.O. Box 1020

Sewickley, Pennsylvania 15143 USA

phone in USA: 800-232-3044

phone outside the USA: (1) 412-741-0609

fax: (1) 412-741-0609

**Blindness and Early Childhood Development**

Warren, David H.

American Foundation for the Blind (see address above)

**Children With Visual Impairments: A parents' guide**

Holbrook, M. Cay, editor (395 pages, 1995)

Woodbine House, Inc.

6510 Bells Mill Rd.

Bethesda, Maryland 20817, USA

*This book provides parents with guidance and support in caring for their child with a visual impairment. It covers such topics as diagnosis and treatment, family adjustment, child development, early intervention and special education, mobility and orientation, multiple disabilities, and thinking about the future.*

**Dancing Cheek to Cheek**

Meyers, Laura, and Lansky, Pamela

(33 pages, 1991)

Blind Childrens Center

P.O. Box 29159

4120 Marathon St.

Los Angeles, California 90029, USA

phone in USA: 800-222-3566;

phone outside USA: (1) 323-664-2153

fax: (1) 323-655-3828

e-mail: [info@blindchildrenscenter.org](mailto:info@blindchildrenscenter.org)

*Explores nurturing strategies for fostering early social interactions, language development, and play.*

**Disabled Village Children: A guide for community health workers, rehabilitation workers, and families**

Werner, David (654 pages, 1999)

The Hesperian Foundation

1919 Addison St., Suite 304

Berkeley, California 94704, USA

phone in USA: 888-729-1796

phone outside the USA: (1) 510-845-4507

fax: (1) 510-845-0539

e-mail: [bookorders@hesperian.org](mailto:bookorders@hesperian.org)

<http://www.hesperian.org>

**Early Years, a Series**

Royal National Institute for the Blind

American Foundation for the Blind (see address above)

*These booklets provide important information on caring for children who are visually impaired from birth to age 10 years. The booklets include information about medical terms and health professionals, caregiving advice, information for educational professionals working with children who are visually impaired, play and the visually impaired child, information on the importance of mobility education.*

**Fathers: A Common Ground**

Armenta-Schmitt, Fernanda (50 pages, 1998)

Blind Childrens Center (see address above)

*Investigates the role that fathers play and the concerns of fathers in raising children who are visually impaired.*

**First Steps: A handbook for teaching young children who are visually impaired**

Blind Childrens Center (see address above)

203 pages, 1993

*Written in easy to understand language, this handbook is for both parents and professionals who care for children with vision problems. Strategies for teaching are also explored.*

**Get a Wiggle On: A guide for helping visually impaired children grow**

Raynor, Sherry & Drouillard, Richard  
(80 pages, 1996)  
Blind Children's Fund  
4740 Okemos Road  
Okemos, Michigan 48864-1637, USA  
phone: (1) 517-347-1357  
fax: (1) 517-347-1459  
e-mail: blindchfnd@aol.com

*One of the most useful and parent-friendly books on early intervention.*

**Guidelines and Games for Teaching Efficient Braille Reading**

Olson, M.R. and Mangold, S. (1981)  
American Foundation for the Blind (see address above)

**Written primarily for teachers, but has valuable information for parents. Includes preschool activities that provide a foundation for reading in Braille.**

**How to Raise a Blind Child**

Fichtner, Dorothea (64 pages, 1979)  
Christoffel Blindenmission,  
Nibelungenstrasse 124  
D-6140 Bensheim 4, Germany

**How to Thrive, Not Just Survive: A guide to independent skills for blind and visually impaired children and youth**

Swallow, R. and Huebner, K.M. (1987)  
American Foundation for the Blind (see address above)

*This book was written for parents and focuses on teaching practical skills to children with vision problems.*

**Learning Together: A parent guide to socially based routines for visually impaired infants**

Chen, Deborah, Friedman, Clare T., and Calvello, Gail (44 pages, 1990)  
American Printing House for the Blind  
P.O. Box 6085  
Louisville, Kentucky 40206-0085, USA  
phone in the USA: 800-223-1839  
phone outside the USA: (1) 502-895-2405  
e-mail: aph@iglou.com

**Learning to Play: Common concerns for the visually impaired preschool child**

Recchia, Susan (12 pages, 1987)  
Blind Childrens Center (see address above)  
*Presents play activities for pre-school children who are visually impaired.*

**Lessons With a Child Who Is Blind: Development and early intervention in the first years of life**

Brambring, Michael (147 pages, 1993)  
Blind Children's Fund (see address above)  
*This tells the story of a family's experiences raising a daughter who is blind and the support they received from an early intervention professional. Letters between the family and the professional document the child's development.*

**Move It!**

Latham, M.D. (1977)  
Blind Childrens Fund (see address above)  
*An excellent follow-up to "Get a Wiggle On," this booklet contains more helpful hints for parents.*

**Move With Me**

Hug, Doris; Chernus-Mansfield, Nancy, and Hayashi, Dori (12 pages, 1987)  
Blind Childrens Center (see address above)  
*How to foster the development of movement in babies who are visually impaired.*

**Reaching, Crawling, Walking...Let's Get Moving**

Simmons, Susan, and O'Maida, Sharon (24 pages, 1993)  
Blind Childrens Center (see address above)  
*Strategies for supporting mobility and fostering orientation in preschool children who are visually impaired.*

**Parenting Preschoolers: Suggestions for raising young blind and visually impaired children**

Ferrell, Kay Alicyn (28 pages, 1984)  
American Foundation for the Blind (see address above)  
*This book gives practical advice about caring for children who are visually impaired and provides answers to commonly asked questions. Ideas on how to adapt a child's environment to meet her needs and how to choose an early education program are also included.*

**Reach Out and Teach: Meeting the training needs of parents of visually and multiply handicapped young children**

Ferrell, Kay Alicyn (176 pages, 1985)  
 American Foundation for the Blind (see address above)

*This book gives parents strategies to encourage their child's motor and cognitive development. A workbook gives parents a way to record information about their child's responses and development.*

**Show Me How: A manual for parents of preschool visually impaired and blind children**

Brennan, Mary (56 pages, 1982)  
 American Foundation for the Blind (see address above)

*This book provides parents and professionals with strategies for helping visually impaired pre-school children reach age-appropriate goals, foster social relationships, improve motor skills and sensory awareness, and learn skills for daily living.*

**Standing On My Own Two Feet**

La Prella, Lori Lynne (36 pages, 1996)  
 Blind Childrens Center (see address above)

*A guide to simple construction of mobility devices for pre-school children who are visually impaired. Devices can be easily adapted to an individual's needs.*

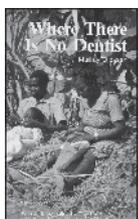
**Talk to Me: A language guide for parents of blind children**

Kekelis, Lee, and Chernus-Mansfield, Nancy (36 pages, 1996)  
 Blind Childrens Center (see address above)

*Practical strategies for communication with a child who has vision problems.*

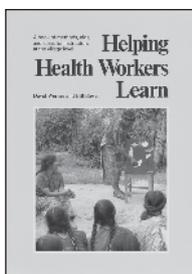
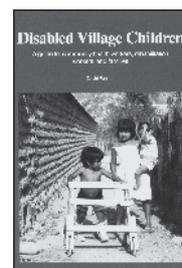
## OTHER BOOKS FROM THE HESPERIAN FOUNDATION

**Where There Is No Doctor**, by David Werner with Carol Thuman and Jane Maxwell, is perhaps the most widely used health care manual in the world. The book provides vital, easily understood information on how to diagnose, treat and prevent common diseases. Special importance is placed on ways to prevent health problems, including cleanliness, a healthy diet and vaccinations. The authors also emphasize the active role villagers must take in their own health care. 512 pages.



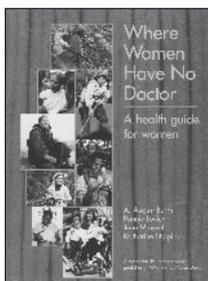
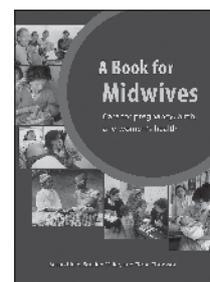
**Where There Is No Dentist**, by Murray Dickson shows people how to care for their own teeth and gums, and how to prevent tooth and gum problems. Emphasis is placed on sharing this knowledge in the home, community and school. The author also gives detailed and well-illustrated information on using dental equipment, placing fillings, taking out teeth, and suggests ways to teach dental hygiene and nutrition. 208 pages.

**Disabled Village Children**, by David Werner, contains a wealth of information about most common disabilities of children, including polio, cerebral palsy, juvenile arthritis, blindness and deafness. The author gives suggestions for simplified rehabilitation at the village level and explains how to make a variety of appropriate low-cost aids. Emphasis is placed on how to help disabled children find a role and be accepted in the community. 672 pages.



**Helping Health Workers Learn**, by David Werner and Bill Bower, is an indispensable resource for anyone involved in teaching about health. This heavily illustrated book shows how to make health education fun and effective. Includes activities for mothers and children; pointers for using theater, flannel-boards, and other techniques; and many ideas for producing low-cost teaching aids. Emphasizing a people-centered approach to health care, it presents strategies for effective community involvement through participatory education. 640 pages.

**A Book for Midwives**, by Susan Klein, is written for midwives, traditional birth attendants, community health workers and anyone concerned about the health of pregnant women and their babies. The book is an invaluable tool for midwives facilitating education and training sessions as well as an essential reference for practice. The author emphasizes helping pregnant women stay healthy; giving good care and dealing with complications during labor, childbirth and after birth; family planning; breastfeeding; and homemade, low-cost equipment. 528 pages.



**Where Women Have No Doctor**, by A. August Burns, Ronnie Lovich, Jane Maxwell and Katherine Shapiro, combines self-help medical information with an understanding of the ways poverty, discrimination, and cultural beliefs limit women's health and access to care. Clearly written and with over 1000 drawings, this book is an essential resource for any woman who wants to improve her health, and for health workers who want more information about the problems that affect only women, or that affect women differently from men. 584 pages.