Where to Get More Information

Here is a small selection of organizations and printed materials that can provide useful information about blindness and young children. We have tried to list organizations and materials covering as many of the topics in this book as possible, and to include groups working in all areas of the world. Many of the printed materials are easy to adapt and often include other helpful resource lists.

**ORGANIZATIONS**

**Blind Babies Foundation**
5016 Mission Street
San Francisco, California 94112, USA
phone: (1) 415-586-6140
fax: (1) 415-586-6279
e-mail: bbfinfo@blindbabies.org
http://www.blindbabies.org
*Source of materials and publications, videos, and fact sheets for families with infants and young children who are blind.*

**Christoffel Blindenmission International (CBMI)**
Nibelungenstrasse 124, D-64625 Bensheim, Germany
phone: (49) 6251-131-0; fax: (49) 6251-131-165
e-mail: overseas@cbm-i.org
http://www.cbmi.org
*Operates eye units, mobile eye-care services, village health centers, schools, and training institutions in 94 countries.*

**Helen Keller International**
USA: 90 West Street, 2nd floor
New York, New York 10006, USA
phone: (1) 212-766-5266
Africa: P.O. Box 11728, Niamey, Niger
e-mail: inkiner@intnet.ne
phone: (227) 75-33-14
Asia: Jl. Bungur Dalam 23A
Kemang, Jakarta 12730, Indonesia
phone: (62) 21-719-8147
*Trains local partners in developing community gardening projects to grow vegetables and fruits to prevent blindness.*

**Hilton/Perkins Program**
Perkins School for the Blind
175 N. Beacon St.
Watertown, Massachusetts 02472, USA
phone: (1) 617-972-7220; fax: (1) 617-923-8076
e-mail: collinsm@perkins.pvt.k12.ma.us
*Provides technical assistance and support for the development of programs for multi-handicapped blind and deaf-blind children in developing countries.*

**Lighthouse International**
111 East 59 Street
New York, New York 10022, USA
phone in the USA: 800-829-0500
phone outside the USA: (1) 212-821-9200
e-mail: info@lighthouse.org
http://www.lighthouse.org
*Many useful on-line English language publications.*

**National Association for the Blind (NAB)**
11 Khan Abdul Gaffar Khan Road
Worli Sea Face, Mumbai 400 025, India
phone: (91) 22-493-6930
http://www.commercenetindia.com/nab/
*Branches in 18 States and 64 Districts in India, providing education, rehabilitation, training, and residential programs.*

**PLAN International**
Chobham House
Christchurch Way, Woking
Surrey GU21 1JG, UK
phone: (44) 1483-755155
fax: (44) 1483-756505
*Works directly with communities and families in 40 countries, providing material aid and services. PLAN’s child sponsorship program supports about 1 million children.*

**Royal National Institute for the Blind (RNIB)**
224 Great Portland Street
London W1N 6AA, UK
phone: (44) 020-7388-1266
fax: (44) 020-7388-2034
e-mail: helpline@rnib.org.uk
http://www.rnib.org.uk
*Many on-line publications and useful links. The RNIB also produces an international database with detailed information about agencies for people who are blind:*
http://www.tiresias.org/agencies/agencies_a.htm
Sight Savers International
Grosvenor Hall, Bolnore Road, Haywards Heath
West Sussex RH16 4BX, UK
phone: (44) 4-446600
fax: (44) 4-446685
e-mail: scastle@sightsaversint.org.uk
http://www.sightsavers.org.uk
Works with local partners in 25 countries, providing eye care, cataract surgery, education, and training.

World Blind Union
ONCE – La Coruña, 18
28020 Madrid, Spain
phone: (34-1) 571-36-85; fax: (34-1) 571-57-77
e-mail: umc@once.es; http://umc.once.es
Has member organizations in most countries, with programs in rehabilitation, education, training, health care, and income generation.

PRINTED MATERIALS

An Orientation and Mobility Primer for Families and Young Children
Dodson-Burke, Bonnie, and Hill, Everett W.
American Foundation for the Blind
P.O. Box 1020
Sewickley, Pennsylvania 15143 USA
phone in USA: 800-232-3044
phone outside the USA: (1) 412-741-0609
fax: (1) 412-741-0609

Blindness and Early Childhood Development
Warren, David H.
American Foundation for the Blind (see address above)

Children With Visual Impairments: A parents’ guide
Holbrook, M. Cay, editor (395 pages, 1995)
Woodbine House, Inc.
6510 Bells Mill Rd.
Bethesda, Maryland 20817, USA
This book provides parents with guidance and support in caring for their child with a visual impairment. It covers such topics as diagnosis and treatment, family adjustment, child development, early intervention and special education, mobility and orientation, multiple disabilities, and thinking about the future.

Dancing Cheek to Cheek
Meyers, Laura, and Lansky, Pamela (33 pages, 1991)
Blind Childrens Center
P.O. Box 29159
4120 Marathon St.
Los Angeles, California 90029, USA
phone in USA: 800-222-3566;
phone outside USA: (1) 323-664-2153
fax: (1) 323-655-3828
e-mail: info@blindchildrenscenter.org
Explores nurturing strategies for fostering early social interactions, language development, and play.

Disabled Village Children: A guide for community health workers, rehabilitation workers, and families
Werner, David (654 pages, 1999)
The Hesperian Foundation
1919 Addison St., Suite 304
Berkeley, California 94704, USA
phone in USA: 888-729-1796
phone outside the USA: (1) 510-845-4507
fax: (1) 510-845-0539
e-mail: bookorders@hesperian.org
http://www.hesperian.org

Early Years, a Series
Royal National Institute for the Blind
American Foundation for the Blind (see address above)
These booklets provide important information on caring for children who are visually impaired from birth to age 10 years. The booklets include information about medical terms and health professionals, caregiving advice, information for educational professionals working with children who are visually impaired, play and the visually impaired child, information on the importance of mobility education.

Fathers: A Common Ground
Armenta-Schmitt, Fernanda (50 pages, 1998)
Blind Childrens Center (see address above)
Investigates the role that fathers play and the concerns of fathers in raising children who are visually impaired.

First Steps: A handbook for teaching young children who are visually impaired
Blind Childrens Center (see address above)
203 pages, 1993
Written in easy to understand language, this handbook is for both parents and professionals who care for children with vision problems. Strategies for teaching are also explored.
Get a Wiggle On: A guide for helping visually impaired children grow
Raynor, Sherry & Drouillard, Richard
(80 pages, 1996)
Blind Children's Fund
4740 Okemos Road
Okemos, Michigan 48864-1637, USA
phone: (1) 517-347-1357
fax: (1) 517-347-1459
e-mail: blindchfnd@aol.com

One of the most useful and parent-friendly books on early intervention.

Guidelines and Games for Teaching Efficient Braille Reading
American Foundation for the Blind (see address above)

Written primarily for teachers, but has valuable information for parents. Includes preschool activities that provide a foundation for reading in Braille.

How to Raise a Blind Child
Fichtner, Dorothea (64 pages, 1979)
Christoffel Blindenmission, Nibelungenstrasse 124
D-6140 Bensheim 4, Germany

How to Thrive, Not Just Survive: A guide to independent skills for blind and visually impaired children and youth
American Foundation for the Blind (see address above)

This book was written for parents and focuses on teaching practical skills to children with vision problems.

Learning Together: A parent guide to socially based routines for visually impaired infants
Chen, Deborah, Friedman, Clare T., and Calvello, Gail (44 pages, 1990)
American Printing House for the Blind
P.O. Box 6085
Louisville, Kentucky 40206-0085, USA
phone in the USA: 800-223-1839
phone outside the USA: (1) 502-895-2405
e-mail: aph@iglou.com

Learning to Play: Common concerns for the visually impaired preschool child
Recchia, Susan (12 pages, 1987)
Blind Childrens Center (see address above)

Presents play activities for pre-school children who are visually impaired.

Lessons With a Child Who Is Blind: Development and early intervention in the first years of life
Brambring, Michael (147 pages, 1993)
Blind Children's Fund (see address above)

This tells the story of a family's experiences raising a daughter who is blind and the support they received from an early intervention professional. Letters between the family and the professional document the child's development.

Move It!
Latham, M.D. (1977)
Blind Childrens Fund (see address above)

An excellent follow-up to “Get a Wiggle On,” this booklet contains more helpful hints for parents.

Move With Me
Hug, Doris; Chernus-Mansfield, Nancy, and Hayashi, Dori (12 pages, 1987)
Blind Childrens Center (see address above)

How to foster the development of movement in babies who are visually impaired.

Reaching, Crawling, Walking...Let’s Get Moving
Simmons, Susan, and O’Maida, Sharon (24 pages, 1993)
Blind Childrens Center (see address above)

Strategies for supporting mobility and fostering orientation in preschool children who are visually impaired.

Parenting Preschoolers: Suggestions for raising young blind and visually impaired children
Ferrell, Kay Alicyn (28 pages, 1984)
American Foundation for the Blind (see address above)

This book gives practical advice about caring for children who are visually impaired and provides answers to commonly asked questions. Ideas on how to adapt a child’s environment to meet her needs and how to choose an early education program are also included.
Reach Out and Teach: Meeting the training needs of parents of visually and multiply handicapped young children
  Ferrell, Kay Alicyn  (176 pages, 1985)
  American Foundation for the Blind (see address above)
  *This book gives parents strategies to encourage their child’s motor and cognitive development. A workbook gives parents a way to record information about their child’s responses and development.*

Show Me How: A manual for parents of preschool visually impaired and blind children
  Brennan, Mary  (56 pages, 1982)
  American Foundation for the Blind (see address above)
  *This book provides parents and professionals with strategies for helping visually impaired pre-school children reach age-appropriate goals, foster social relationships, improve motor skills and sensory awareness, and learn skills for daily living.*

Standing On My Own Two Feet
  La Prelle, Lori Lynne  (36 pages, 1996)
  Blind Childrens Center (see address above)
  *A guide to simple construction of mobility devices for pre-school children who are visually impaired. Devices can be easily adapted to an individual’s needs.*

Talk to Me: A language guide for parents of blind children
  Blind Childrens Center (see address above)
  *Practical strategies for communication with a child who has vision problems.*
OTHER BOOKS FROM THE HESPERIAN FOUNDATION

Where There Is No Doctor, by David Werner with Carol Thuman and Jane Maxwell, is perhaps the most widely used health care manual in the world. The book provides vital, easily understood information on how to diagnose, treat and prevent common diseases. Special importance is placed on ways to prevent health problems, including cleanliness, a healthy diet and vaccinations. The authors also emphasize the active role villagers must take in their own health care. 512 pages.

Where There Is No Dentist, by Murray Dickson shows people how to care for their own teeth and gums, and how to prevent tooth and gum problems. Emphasis is placed on sharing this knowledge in the home, community and school. The author also gives detailed and well-illustrated information on using dental equipment, placing fillings, taking out teeth, and suggests ways to teach dental hygiene and nutrition. 208 pages.

Disabled Village Children, by David Werner, contains a wealth of information about most common disabilities of children, including polio, cerebral palsy, juvenile arthritis, blindness and deafness. The author gives suggestions for simplified rehabilitation at the village level and explains how to make a variety of appropriate low-cost aids. Emphasis is placed on how to help disabled children find a role and be accepted in the community. 672 pages.

Helping Health Workers Learn, by David Werner and Bill Bower, is an indispensable resource for anyone involved in teaching about health. This heavily illustrated book shows how to make health education fun and effective. Includes activities for mothers and children; pointers for using theater, flannel-boards, and other techniques; and many ideas for producing low-cost teaching aids. Emphasizing a people-centered approach to health care, it presents strategies for effective community involvement through participatory education. 640 pages.

A Book for Midwives, by Susan Klein, is written for midwives, traditional birth attendants, community health workers and anyone concerned about the health of pregnant women and their babies. The book is an invaluable tool for midwives facilitating education and training sessions as well as an essential reference for practice. The author emphasizes helping pregnant women stay healthy; giving good care and dealing with complications during labor, childbirth and after birth; family planning; breastfeeding; and homemade, low-cost equipment. 528 pages.

Where Women Have No Doctor, by A.August Burns, Ronnie Lovich, Jane Maxwell and Katherine Shapiro, combines self-help medical information with an understanding of the ways poverty, discrimination, and cultural beliefs limit women’s health and access to care. Clearly written and with over 1000 drawings, this book is an essential resource for any woman who wants to improve her health, and for health workers who want more information about the problems that affect only women, or that affect women differently from men. 584 pages.