COVID-19:
Is your sickness COVID-19?

Without a test, it can be difficult to know what illness a person has. Depending on the person, COVID-19 can have many different signs and many of those signs also are caused by other health problems. Signs can be mild, uncomfortable, or very serious.

? Are there danger signs: **trouble breathing or severe chest pain**? Is there a **high fever** (102F/ 39C or higher) and medicine for fever isn't helping?

➡ The person needs help in a health facility. Call ahead to know where to go and what to do. Anyone taking care of the person could also be infected, even if they have no signs. **Protect yourself and others** from getting sick.

? Is there **high fever, dry cough, tiredness or shortness of breath**? These are the most common signs of COVID-19.

? Are there **aches and pains, congested or runny nose, sore throat, cannot taste or smell normally**? These are signs of coronavirus but also could be from another virus or illness. It is hard to know for sure without a test, but the care is the same.

➡ This could be coronavirus or it could be another virus. If available, get a test to know for sure. You can treat at home. No matter what the illness, **protect others from getting sick.**

? Is there a **wet cough or sneezing**? If coronavirus is not yet in your region then a wet cough, sore throat, runny nose and fever are more likely to be signs of a cold or flu than coronavirus.

➡ If the person is older than 55, has heart disease, existing lung problems, or diabetes, the risk of serious illness is greater. **Telephone a health worker for advice** as soon as possible.

? Does the person often get signs of allergies (**congested or runny nose, itchy eyes, headaches, breathing problems**) and has no fever? Probably these are just their regular allergies.

➡ If the person gets worse and emergency signs appear, they need help in a health facility. **Protect others from getting sick.**