

# Help us finish this book!

## Health Actions for Women

Praise from field-test partners:

*"Workshop participants were mostly young women and adolescent girl garment workers living in slums in Dhaka city. They were very much engaged with the training. They became quite emotional as, according to them, nobody had ever shared anything like this with them before and in such an entertaining way. They requested that we should be doing this more often!"*

—Change Associates,  
Bangladesh

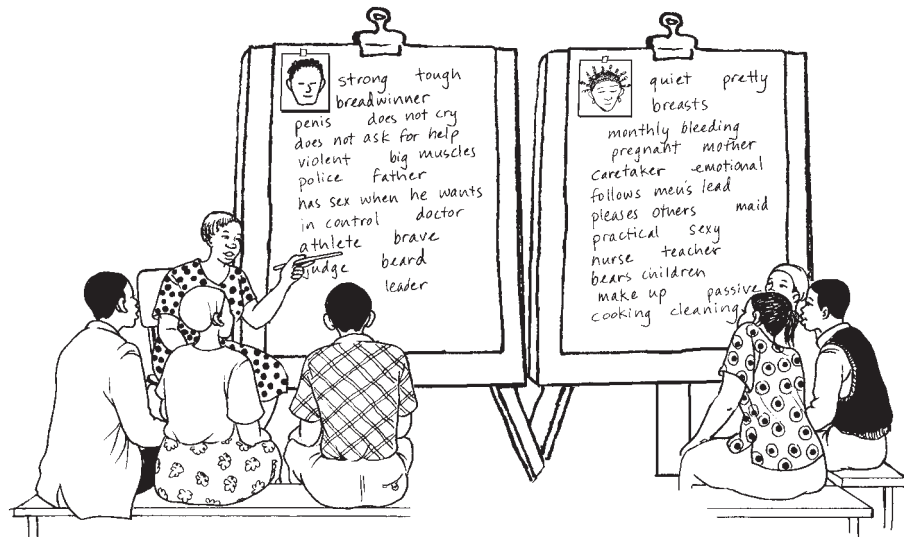
*"The 'Men as Partners' story was so inspiring that some of the men participants decided to use this strategy to create awareness about how men in our community can stop gender-based violence and prevent the spread of STIs and HIV."*

—TWIN (Today's Women International Network),  
Republic of Guinea

An innovative and indispensable resource for women and girls (and men and boys!) working to educate, advocate, and mobilize their communities for women's health and rights.

*Health Actions for Women* offers clearly explained and engagingly illustrated activities to support people working at the grassroots to address the social barriers and unexamined practices that so often prevent women and girls from enjoying healthy lives. Health workers and community organizers struggling to improve women's health will find a wealth of strategies, practical tools, and inspiring stories to strengthen their efforts to:

- Challenge violence against women
- Analyze the harmful effects of gender roles
- Promote strategies to achieve better sexual health
- Improve access to family planning
- Foster safe motherhood
- Ensure that health services meet the needs of women and girls



*"No other resource today provides such concrete tools to engage communities and empower women of all ages to build lasting change from the ground up. A triumph!"*

—Cecile Richards, President,  
Planned Parenthood Federation of America