Help us finish this book!

Health Actions for Women

1919 Addison Street, #304
Berkeley, CA 94704 USA
tel: (510) 845-1447

www.hesperian.org

An innovative and indispensable resource for women and girls (and men and boys!) working to educate, advocate, and mobilize their communities for women's health and rights.

Health Actions for Women offers clearly explained and engagingly illustrated activities to support people working at the grassroots to address the social barriers and unexamined practices that so often prevent women and girls from enjoying healthy lives. Health workers and community organizers struggling to improve women's health will find a wealth of strategies, practical tools, and inspiring stories to strengthen their efforts to:

- Challenge violence against women
- Analyze the harmful effects of gender roles
- Promote strategies to achieve better sexual health
- Improve access to family planning
- Foster safe motherhood
- Ensure that health services meet the needs of women and girls
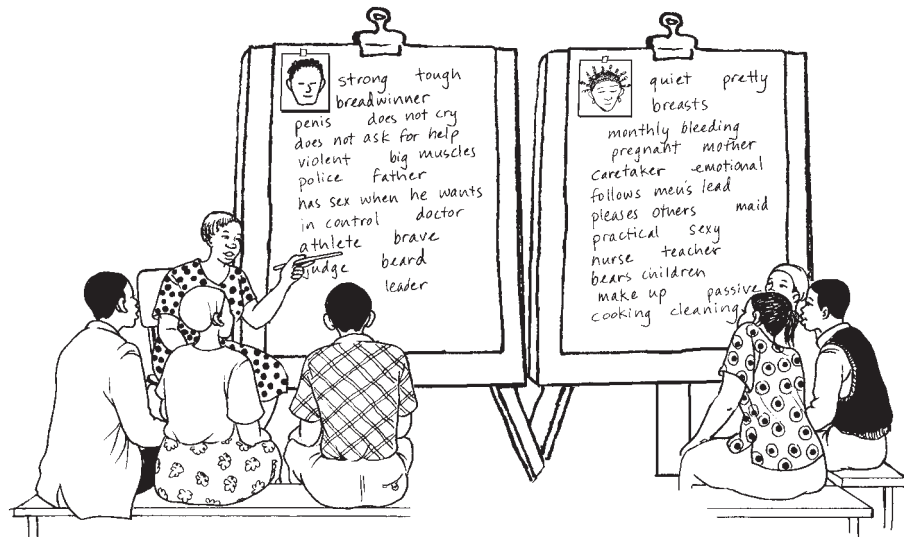
"No other resource today provides such concrete tools to engage communities and empower women of all ages to build lasting change from the ground up. A triumph!"

— **Cecile Richards**, President, Planned Parenthood Federation of America

Your gift will help publish this book!