

Help us finish this book!

Assembly Required: A Factory Worker's Guide to Health and Safety

Praise from field-test partners:

"We look forward to using the book as a tool to facilitate group discussion with workers inside the factory! We will use it to map out common problems that workers face in the factory and help them come up with solutions."

—Chinese Working Women's Network, China

"Unlike other materials, this book talks directly about the health of women workers. The clear and simple examples make it useful even for those workers without previous training in occupational health."

—INSUMISAS, Mexico

A ground-breaking resource that puts occupational safety and health information directly into the hands of those most affected by the open and hidden hazards of the workplace—the workers themselves. From low wages to mental health, ergonomics to fire safety, and chemical exposures to pollution outside the plant, this book is rooted in the experiences of factory workers and their communities around the world. Workers, educators, and organizers will find a wealth of accessible and actionable information in this new resource.

Focusing on work hazards, social hazards, and strategies for organizing in the most common export industries (electronics, garments, and shoes), *Assembly Required* provides tools for workers to:

- Assess their workplaces and recognize hazards, including social hazards such as sexual harassment
- Develop and propose actionable alternatives to hazardous conditions
- Organize to increase their power, unity, and demands for improvements in all aspects of work



"Hesperian's Assembly Required is incredibly useful to people working in factories and for the rest of us who need a better understanding of the toxic chemicals and power relations inside the factories that make the things we use every day. This book shows how we can bring producers and consumers together over concerns for our common health and environment, and can help us take that big step toward sustainability and social justice."

—Annie Leonard, creator of *The Story of Stuff* project