

WHERE TO GET MORE INFORMATION

Here is a selection of organizations, printed materials, and web-based resources that can provide useful information about women's health. We have listed organizations and materials that cover as many of the topics in this book as possible, and that work in many parts of the world. Resources are listed according to topic.

You will find other books published by Hesperian helpful for finding more detailed information than we were able to include in this book. Please see page 588 for information on: *Where There Is No Doctor*; *A Book for Midwives*; *HIV, Health and Your Community*; *A Health Handbook for Women with Disabilities*; *A Community Guide to Environmental Health*; and other useful titles.

You can also download Hesperian books for free and find information about various language editions on our web site: www.hesperian.org.

Advocacy and Human Rights

International Gay and Lesbian Human Rights Commission (IGLHRC):

www.iglhrc.org

International organization dedicated to human rights advocacy on behalf of LGBT people.

ISIS International: www.isiswomen.org

Coordination office:

3 Marunong St. Barangay Central

Quezon City, 1100 Philippines

Tel: (63-2) 928-1956; Fax: (63-2) 924-1065

Email: info@isiswomen.org

Works with women's groups around the world. Publications, technical assistance and training in communication skills and management.

People's Health Movement:

www.phmovement.org

An international network of people and organizations led by the Global South and unified by the call for health for all. PHM works to address underlying social, cultural, and economic barriers to good health. This includes insisting that all women have access to appropriate primary health care and that their reproductive rights are respected.

Women's Global Network for Reproductive Rights (WGNRR): www.wgnrr.org

Coordination Office:

13 Dao Street, Project 3

Barangay Quirino 3-A,

Quezon City, 1102 Philippines

Tel: (63-2) 913-6708; Fax: (63-2) 911-8293

Email: office@wgnrr.org

Networking with women's groups around the world; collecting and sharing information; quarterly newsletter; international campaigns; monitoring research in reproductive health. Send email for information about the newsletter.

World YWCA: www.worldywca.org

Umbrella organization of the YWCA, a movement of women around the world working for social and economic change. Advocates for young women's leadership, peace, justice, human rights and sustainable development, both on a grassroots and global scale. It is the largest women's organization in the world, and the second oldest organization of its kind.

Cancer

Reproductive Health Outlook: www.rho.org

Information on treatment and prevention of cervical cancer for health workers in poor countries and low-resource settings.

Community Health / General Health Issues

Aprovecho Research Center: www.aprovecho.net

80574 Hazelton Rd,

Cottage Grove, OR 97424, USA

Tel: (1-541) 942-8198; Fax: (1-541) 942-0302

Information and training about low fuel cook stoves as well as organic gardening, sustainable forestry, and appropriate technology. Produces booklets describing how to build several simple stoves.

Boston Women's Health Book Collective: www.ourbodiesourselves.org

5 Upland Road #3,

Cambridge, MA 02140, USA

Tel: (1-617) 245-0200; Fax: (1-617) 245-0201

Email: office@bwhbc.org

*Publishers of the classic book *Our Bodies, Ourselves* which provides complete information on women's health. Has been adapted into more than 20 languages.*

Teaching-aids at Low Cost (TALC):

www.talcuk.org

PO Box 49, St Albans, Herts, AL1 5TX, UK
Tel: (44-172) 785-3869; Fax: (44-172) 784-6852
Email: info@talcuk.org

Provides books, videos, teaching materials, and simple health tools, for free or at low cost.

World Health Organization:

www.who.int/reproductive-health/index.htm

(for information and print materials on sexual and reproductive health);

www.who.int/gender *(for information on gender, women, and health)*

Disability

Disabled Peoples' International (DPI):

www.dpi.org

874 Topsail Road
Mount Pearl, Newfoundland A1N 3J9, Canada
Tel: (1-709) 747-7600; Fax: (1-709) 747-7603
Email: info@dpi.org

Information on issues and concerns for persons with disabilities, including women's health care, human rights, independent living, and social justice. Special focus on grassroots development. Has local offices in many countries.

Mobility International USA (MIUSA):

www.miusa.org

132 E. Broadway, Suite 343
Eugene, Oregon 97401 USA
Tel/TTY: (1-541) 343-1284; Fax: (1-541) 343-6812
Email: info@miusa.org

Works to empower people with disabilities through international exchange and development to achieve human rights. Hosts a program to train disabled women from around the world in leadership skills. Website has a comprehensive listing of international disability organizations.

Drugs and Alcohol

Alcoholics Anonymous:

www.alcoholics-anonymous.org

World Services Incorporated, PO Box 459
Grand Central Station, New York, NY 10163, USA
Information about alcoholism and materials on how to start community support groups for persons with drug or alcohol problems. Has groups throughout the world.

Family Planning

Emergency contraception:

www.not-2-late.com;http://ec.princeton.edu

Information on emergency family planning to avoid pregnancy after unprotected sex. Gives brand names and doses for countries around the world.

International Planned Parenthood Federation (IPPF): **www.ippf.org**

Regent's College, Inner Circle
Regent's Park, London NW1 4NS, UK
Tel: (44-171) 487-7900; Fax: (44-171) 487-7950
Email: info@ippf.org

IPPF promotes and supports family planning activities worldwide. They also publish information on all aspects of family planning. IPPF has offices around the world.

Funding

Global Fund for Women:

www.globalfundforwomen.org

222 Sutter Street, Suite 500
San Francisco, CA 94108, USA
Tel: (1-415) 248-4800; Fax: (1-415) 248-4801
Email: gfw@globalfundforwomen.org

Gives small grants to community-based women's groups, especially those working on controversial issues and in difficult conditions. Areas of special interest are human rights, communications technology, and economic independence. Contact them for grant request information.

Mama Cash: www.mamacash.org

The oldest grant-making women's fund in the world. Gives grants to women's groups around the world, especially those working in difficult situations and that are led by women and girls. Supports the promotion of women and girl's rights, as well as the human rights movements of transgender people.

Growing Older

HelpAge International: www.helpage.org

PO Box 32832,
London N1 9ZN, UK

Tel: (44-20) 7278-7778; Fax: (44-20) 7713-7993

Free journals printed 2 times a year. HelpAge has a network of over 50 organizations worldwide, working to achieve a lasting improvement in the quality of life for older persons.

HIV and AIDS

International AIDS Women's Caucus (IAWC): www.aidswomencaucus.org

An international network of organizations and women affected and infected by HIV and AIDS that advocates at the international and regional level about the impact of the HIV pandemic on women and girls. IAWC works to fight against gender inequalities, which have fueled the pandemic.

International HIV/AIDS Alliance: www.aidsalliance.org

Gives information on their website and provides print materials to support and strengthen community-based HIV programs around the world.

Women, Children and HIV: www.womenchildrenhiv.org

Resources on the prevention and treatment of HIV infection in women and children for health workers in resource-poor settings.

Medicines

Ecumenical Pharmaceutical Network: www.epnetwork.org

An NGO network that shares information and training on accessing essential medicines, rational use of medicines, and organizing pharmaceutical services.

Health Action International (HAI): www.haiweb.org

Overtoom 60/III, 1054 HK
Amsterdam, The Netherlands
Tel: (31-20) 683-3684; Fax: (31-20) 685-5002
Email: info@haiweb.org

Works with partners around the world to promote the rational distribution and use of medicines. A newsletter, *Practical Pharmacy*, is published online by HAI-Africa: www.haiafrica.org.

Reproductive Health

Campaign to End Fistula: Global Network: www.fistulanetwork.org

UNFPA: Fistula Network
220 E. 42nd Street
New York, NY 10017, USA
Email: contact@fistulanetwork.org

A technical, information-sharing site for partners working in fistula prevention, treatment and social reintegration. Provides a forum for the exchange of technical resources, current and planned research, and new ideas.

Family Care International (FCI): www.familycareintl.org

588 Broadway, Suite 503
New York, NY 10012, USA
Tel: (1-212) 941-5300; Fax: (1-212) 941-5563
Email: info@familycareintl.org

Publishes *Healthy Women, Healthy Mothers*, a book on pregnancy and birth for health workers and others who work with women at the community level. Easy to read and well illustrated. Written for Africa, but useful for all communities. In English and French. Available for download only. Also from FCI, manuals in English and French: *Strengthen Communication Skills for Women's Health: A Training Guide*; and *Getting the Message Out: Designing an Information Campaign on Women's Health*.

Ipas: www.ipas.org

PO Box 5027,
Chapel Hill, NC 27516, USA
Tel: (1-919) 967-7052; Fax: (1-919) 929-0258
Email: ipas@ipas.org

Works to prevent death and injury from unsafe abortion. Creates and distributes training materials, MVA syringes and cannula, and other equipment. Ipas has offices in many countries around the world. Contact them for information or to find a local office.

Marie Stopes International: www.mariestopes.org.uk

153-157 Cleveland Street
London W1T 6QW, UK
Tel : (44-207) 574-7400; Fax: (44-207) 574-7417
Email: info@mariestopes.org.uk

Provides information and services for sexual health to people around the world. Contact them to find a local office.

PATH: www.path.org

PO Box 900922
Seattle, WA 98109 USA
Tel: (1-206) 285-3500; Fax: (1-206) 285-6619
Email: info@path.org

Creates simple health care tools that are affordable and easy to use, and helps to improve local health systems around the world. Tools include simple test kits for HIV and other STIs and illnesses, easy-to-use scales, delivery kits, and syringes that can be used only one time.

Pathfinder International: www.pathfind.org

9 Galen Street, Suite 217,
Watertown, MA 02472, USA
Tel: (1-617) 924-7200; Fax: (1-617) 924-3833
Email: information@pathfind.org

Works with local governments and organizations to make family planning and women's health services available by giving training and helping to create health care systems.

World Alliance for Breastfeeding Action (WABA): www.waba.org.my

PO Box 1200, 10850
Penang, Malaysia
Tel: (60-4) 658-4816; Fax: (60-4) 657-2655
Email: waba@waba.org.my

A global network of NGOs and individuals whose common goal is to promote, support and protect breastfeeding. Contact WABA for local groups that can help.

Women on Web: www.womenonweb.org

Online medical abortion service that helps women around the world gain access to safe abortion (with the pills mifepristone and misoprostol) in order to reduce the number of deaths due to unsafe abortions.

Sexual Health

**Female Genital Cutting Education and Networking Project:
www.fgmnetwork.org**

The purpose of the FGM Education and Networking Project is the dissemination online and offline of material related to female genital mutilation, otherwise known as female circumcision. The Project seeks to form an online clearinghouse and a community for researchers, activists, attorneys, and health care practitioners to obtain information and network with others involved in similar projects.

**Pleasure Project, The:
www.thepleasureproject.org**

An educational, advocacy, and research program that promotes safer sex that feels good.

Violence

Raising Voices: www.raisingvoices.org

P.O. Box 6770
Kampala, Uganda
Tel: (256-41) 531-186 or (256-71)839-626
Fax: (256-41) 531-249
Email: info@raisingvoices.org

Publishes training manuals on prevention of domestic violence. Could be adapted for any community:

Rethinking Domestic Violence: A Training Process for Community Activists; Mobilising Communities to Prevent Domestic Violence.

Work

**International Labour Organization:
www.ilo.org**

4, rue des Morillons, CH 1211
Geneva 22, Switzerland
Tel: (41-22) 799-6111; Fax: (41-22) 798-8685

A U.N. agency that promotes workplace standards for: equality, justice, human rights, worker safety and health, and protection for pregnant women and children. Offices worldwide.