

Other Books from Hesperian

Where There Is No Doctor, by David Werner with Carol Thuman and Jane Maxwell. Perhaps the most widely used health care manual in the world, this book provides vital, easily understood information on how to diagnose, treat, and prevent common diseases. Emphasis is placed on prevention, including cleanliness, diet, and vaccinations, as well as the active role people must take in their own health care. 512 pages.



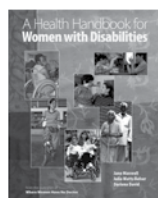
Where Women Have No Doctor, by A. August Burns, Ronnie Lovich, Jane Maxwell, and Katharine Shapiro, combines self-help medical information with an understanding of how poverty, discrimination and culture can limit women's health & access to care. This book is essential for any woman who wants to improve her health, & for health workers who want more information about the problems that affect only women or that affect women differently from men. 600 pages.

Helping Children Who Are Blind, by Sandy Niemann and Namita Jacob, aids parents and other caregivers in helping blind children develop all their capabilities. Topics include: assessing how much a child can see, preventing blindness, moving around safely, teaching common activities, and more. 200 pages.



Helping Children Who Are Deaf, by Sandy Neimann, Deborah Greenstein and Darlena David, helps parents and other caregivers build the communication skills of young children who do not hear well. Covers language development through both signed and spoken methods, assessing hearing loss, exploring causes of deafness, and more. 256 pages.

Disabled Village Children, by David Werner, covers most common disabilities of children. It gives suggestions for rehabilitation and explains how to make a variety of low-cost aids. Emphasis is placed on how to help disabled children find a role and be accepted in the community. 672 pages.

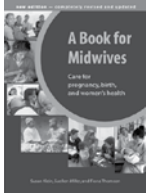
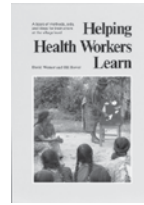


A Health Handbook for Women with Disabilities, by Jane Maxwell, Julia Watts Belser, and Darlena David. The social stigma of disability and inadequate care are often greater barriers to health than the disabilities themselves. This groundbreaking handbook provides suggestions on daily care, family planning, violence and abuse, pregnancy and childbirth, disability-friendly health care, and more. 416 pages.

Helping Children Live with HIV, by Susan McCallister, Zoe Marinkovich, and Todd Jailer, is designed to empower families and others to support young children affected by HIV. Helping Children Live with HIV is full of clear information, activities and stories. It provides practical guidance to promote early childhood development through meeting the physical and psychosocial needs of children made vulnerable by HIV. 320 pages.

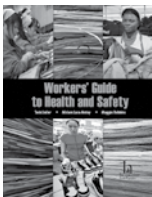
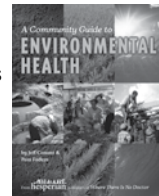


Helping Health Workers Learn, by David Werner and Bill Bower. An indispensable resource for teaching about health, this heavily illustrated book presents strategies for effective community involvement through participatory education. Includes activities for mothers and children; pointers for using theater, flannel-boards, and other techniques; & ideas for producing low-cost teaching aids. 636 pages.



A Book for Midwives, by Susan Klein, Suellen Miller, and Fiona Thomson, is for midwives, community health workers and anyone concerned about the health of women and babies in pregnancy, birth and beyond. It includes: helping pregnant women stay healthy, care during and after birth, handling obstetric complications, breastfeeding, and expanded information for women's reproductive health care. 544 pages.

A Community Guide to Environmental Health, by Jeff Conant and Pam Fadem, helps urban and rural health promoters, activists, and others solve environmental problems to improve health. 23 chapters with dozens of activities and instructions provide information about reducing harm from pollution, protecting water and watersheds, farming sustainably, managing solid and health care waste, and more. 640 pages.



Workers' Guide to Health and Safety, by Todd Jailer, Miriam Lara-Meloy and Maggie Robbins, makes occupational safety and health accessible to those most affected by hazards — the workers themselves. An invaluable resource for training workers, supervisors, and safety committees, and in courses on labor relations. 576 pages.

Health Actions for Women, by Melissa Smith, Sarah Shannon and Kathleen Vickery, was field tested by 41 community-based groups in 23 countries and provides a wealth of clearly explained and engagingly illustrated activities, strategies and stories that address the social obstacles and practices that prevent women and girls from enjoying healthy lives. 352 pages.



Recruiting the Heart, Training the Brain, by America Bracho, Ginger Lee, Gloria P. Goraldo and Rosa María De Prado, tells the story of how Latino Health Access developed its groundbreaking model of peer-to-peer outreach and education in Santa Ana, California to address health problems exacerbated by poverty and discrimination. Their strategies and accomplishments will inspire change across an increasingly unhealthy America. 288 pages.

The Greatest Good, a memoir by Dr. Davida Coady, recounts an adventurous life in international public health. From Biafra to Bangladesh, Ethiopia to El Salvador, smallpox eradication to drug rehabilitation, Dr. Coady relates an inspirational life richly and well-lived, driven by the motto: The Greatest Good for the Greatest Number of People. 396 pages.



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