Designs for 6 Basic Wheelchairs

There are dozens of designs for low-cost, appropriate technology wheelchairs. Some are lower cost and more generally useful than others. In PROJIMO, we have built many different wheelchairs. In this chapter we give designs for 6 of the ones that we have found most useful. Each has advantages and disadvantages.

Healthlink wood

wheelchair made from a child's chair, bicycle wheels and axles at front, one rear caster



Re-bar and woven plastic wheelchair steel construction rod frame with woven plastic seat, back, and footrest



Square metal tube wheelchair

frame bolted together

Wheelchair with lying board made of steel tubing, with removable wood

lying board
Plywood frame

wheelchair with 20 inch bicycle wheels and axles, and 2 front casters



Metal tube folding wheelchair

made from thinwall steel tubing; strong axles with machinery bearings



Advantages: The simplest and one of the cheapest chairs to make; easy to modify or adapt; very little welding needed; can be built in one day by someone with some carpentry skill; low cost.

Disadvantages: Single, small rear wheel makes it difficult for either the child or helper to push over rough ground or up curbs. Fixed footrest makes it hard for child to climb in and out without tipping chair forward when weight is on footrest. Sideboard makes transfers to side and lifting child from behind difficult.

Advantages: Simple design; fairly low-cost re-bar is easy to bend; plastic woven seat is comfortable and easy to clean; slide-away footrest makes getting in and out easier.

Disadvantages: Builder needs welding skills; relatively heavy and not as strong as tubing chairs. Big bumps may bend the chair out of shape.

Advantages: Strong, stable metal chair that can be built with nuts and bolts (welding needed only to attach front wheels). Flat surfaces make it easier to put on wood adaptations; fairly low cost.

Disadvantages: More work and skill needed than for above chairs; design more complex; slightly higher cost than wood chairs.

Advantages: Useful for active child who must lie face down to heal sores or stretch contractures. When board is removed, it is regular wheelchair; low cost; very adaptable.

Disadvantages: Requires welding (but a simpler model can be made of wood); does not fold; board takes up a lot of space; stiff ride.

Advantages: Attractive; lightweight; low cost, easy to make and adapt. Caster wheels in front (not in back) make it easier to go over rough ground and curbs. Adjustable push-away footrest makes positioning and getting in and out easy.

Disadvantages: Plywood and double casters increase cost (although it is still a cheap chair). Plywood (if not marine grade) may come apart in wet weather. Bicycle axles may bend or break with a bigger child or rough use.

Advantages: Chair folds for transporting or storage; very tough; flexible design good for uneven surfaces; good for side transfers; a very high-quality chair if well-made.

Disadvantages: Needs more skill (tube bending, welding, wheel spoking, etc.) to build; relatively costly; hard to adapt.



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Tools needed for making wheelchairs

Ideas for setting up a workshop for workers with disabilities are discussed in Chapter 57 and p. 603 of Chapter 64. How you equip your workshop for making wheelchairs will depend on (1) how much money you have (or can borrow) to do it, (2) the kinds of chairs you hope to build (metal or wood), (3) the skills, physical and mental abilities, learning potential, and responsibility (regarding safety) of the workers, (4) the availability of electricity and power tools, (5) how many persons will be working, and (6) how many chairs you hope to produce.

Here we list the basic equipment you will need for making the 6 wheelchairs described in this chapter. Many choices are possible. More specialized parts of the work can be done by outside craftspersons. For example, in a wheelchair production center in Belize, axles must be machine tooled on a metal lathe. Local machine shops cooperate by doing this free.

CODE AN – Absolutely necessary N – A big help, but you might do without it (N) – Necessary only for axles ? – Depends on model	TYPE OF CHAIR					
	wood chair	re-bar and woven plastic	square metal tubes with wood seat and back	wheelchair with lying board	plywood	round metal tube
TOOLS REQUIRED	N	AN	N	AN	(N)	AN
tubing bender				AN		AN
welding (brazing) equipment	(N)	AN	Ν	AN	(N)	AN
metal saw	(N)	AN	AN	AN	(N)	AN
wood saw	AN			AN	AN	
hammer	AN	AN	AN	AN	AN	AN
wrench (set or adjustable)	Ν	Ν	AN	AN	Ν	AN
metal file and/or grinder	(N)	AN	AN	AN	(N)	AN
screwdriver	AN	AN	AN	AN	AN	AN
sewing equipment (hand or machine)			?	N?		N?
drill (hand or electric)	Ν	?	AN	AN	Ν	AN
drill bits for metal			AN	AN		AN
drill bits for wood	AN		AN		AN	
spoke wrench	?	?	Ν	Ν	?	Ν
bicycle pump	?	?	?	?	?	?
center punch	Ν	N	Ν	Ν	N	N
tape measure	Ν	N	Ν	Ν	N	N
carpenter's square	N	N	Ν	N	N	N

Terms for metal tube or bar used to build wheelchairs

- *Thin-wall* refers to thin steel tubing often used for electrical wiring work and sometimes for lightweight metal furniture.
- *Thick-wall* refers to heavy weight pipe such as the one used in plumbing.
- *Re-bar* refers to solid metal rod, usually used to reinforce cement.

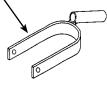
Notes on measurements

For some of the wheelchair designs in this chapter, we give the measurements for a standard child's or adult's model. Be sure to adapt the measurements to the size and needs of the particular child.

Jigs or guides for more exact welding

For making the metal tube chairs and the welded wheel mounts and handrims of any of the chairs, your work will be easier and more exact if you make or purchase certain "jigs" or guides to hold parts in the right place while you weld them. For example, to weld the front caster fork you can make a jig like this. Details

on jigs and other techniques for making different wheelchair parts are well described in Ralf Hotchkiss's book *Independence Through Mobility* (see information on p. 641). We strongly recommend it to any group planning to make wheelchairs.



In many countries inches are used for measurements of certain things, and centimeters for others. We therefore also use both. Centimeters is abbreviated cm and inches is abbreviated ". Two inches can be written 2". 1" equals 2.54 cm. You can use the scale on the edge of this page (and on the inside back cover) to change inches to cm.

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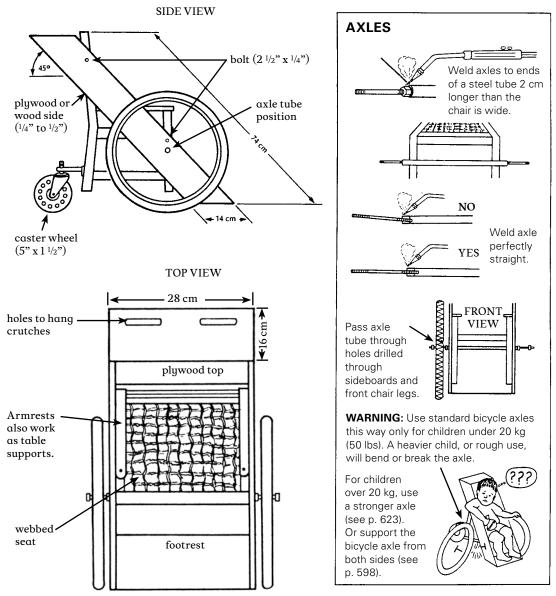
HEALTHLINK WOOD WHEELCHAIR

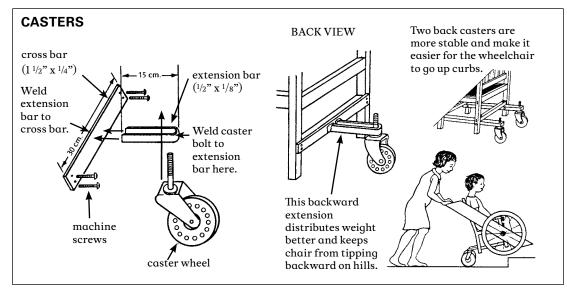
(Modified from *Personal Transport for Disabled People–Design and Manufacture*, see p. 604)

The Healthlink wheelchair is built onto an ordinary child's wood chair. Measurements should be adjusted to the child's needs.



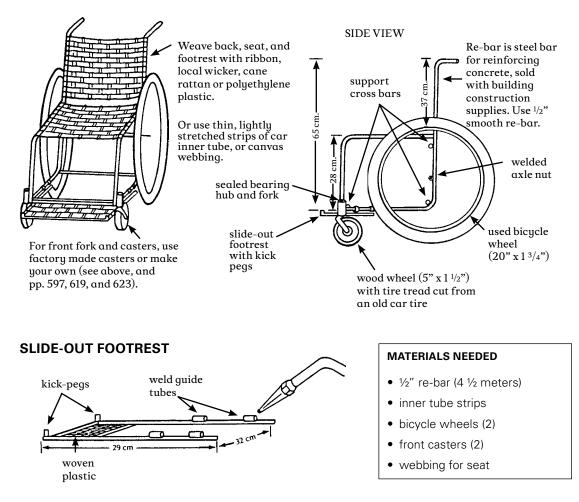
Basic carpentry tools are needed to build this wheelchair. It can be made in one day by someone with basic carpentry skills. The local blacksmith may be able to help weld together the wheel supports if you cannot. It is easy to add positioning aids or make other adaptations.





For brake designs, see pp. 601 and 623. For other pictures and models of the Healthlink wheelchair, see pp. 526, 592, 600, 601, 604, and 624.

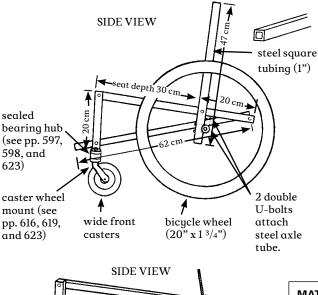
RE-BAR AND WOVEN PLASTIC WHEELCHAIR

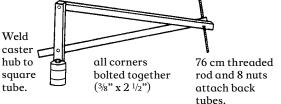


For **axle designs** see pp. 597, 598, 615, and 623.

SQUARE TUBE WHEELCHAIR

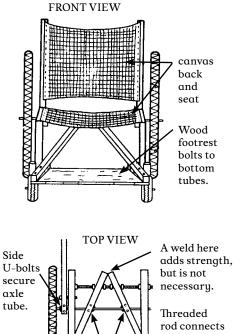
This wheelchair, like other steel tube chairs, should use only thin-wall tubing. To keep costs down, check with various sources of materials and ask at small fix-it shops for advice and possibly even some free scrap material. Metal scrap heaps are great for materials.





HOW TO MAKE YOUR CHAIR

- 1. Review drawings. Adjust measurements to fit child.
- 2. Cut all sections of square tubing. Make sure that matching tubes are equal in length.
- 3. Drill holes in bottom tubes and pass the threaded rod through them. Adjust nuts until a "V" is formed. (Weld tip of "V" for extra strength.)
- 4. Drill all holes in seat tubes. Pass threaded bolt through seat holes.
- 5. Drill holes in back support tubes and front caster tubes. Bolt to frame.
- 6. Weld axle nuts to ends of axle tube. Drill holes for U-bolts and bolt axle tube to frame.
- 7. Weld front caster forks to front tubes.
- 8. Sew cloth back and seat supports. Screw into place.
- 9. Cut out and bolt wood footrest to frame. (Use wedges to get the angle right.)
- 10.Attach axle tube with U-bolts and put on the wheels.
- 11. Paint frame to help keep tubes from rusting (if not galvanized).



bottom tubes to back tubes.

MATERIALS NEEDED

• thin-wall square tubing (1" x 3.64 meters)

tube

Middle U-bolts

secure axle

- thick canvas cloth (1 square meter)
- galvanized steel tube (1/2" x 66 cm)
- bicycle wheels (2) (20" x 1.75")
- caster wheels (2) (wood or rubber)
- threaded rod (3%" x 38") (Use extra 20" to bend 4 U-bolts)
- 2 front casters
- 21 3/6" nuts and 12 screws for seat and back supports

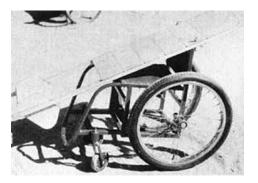


The same design can be made of wood.

WHEELCHAIR WITH LYING BOARD

This is useful for an active child who must lie face down to heal pressure sores or to stretch hip and knee contractures.

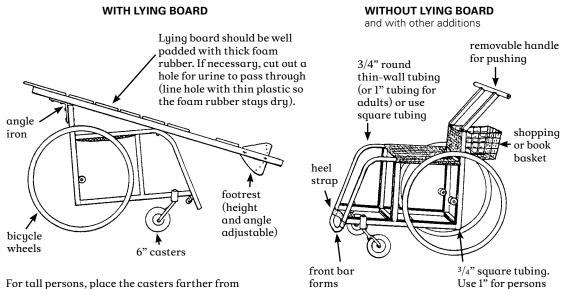
The board is sloped so that the child can play, look ahead, and move about more easily. If necessary, you can make the lying board adjustable so that the child can rest lying flat. This helps to improve circulation and to prevent swelling of the feet.



After the pressure sores heal, the lying board can

be removed and the frame is easily adapted to form a lightweight wheelchair.

The design we show uses a simple, non-folding steel tube wheelchair frame with a wooden lying board mounted on top. However, many other designs are possible. (See, for example, the photo of a lying and standing wood wheelchair on p. 190.)



footrest

TOP VIEW

urine

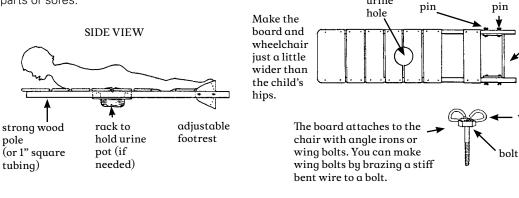
the big wheels to help prevent tipping.

THE LYING BOARD

pole

tubing)

Attach thin wood or plywood boards with small screws so that they can be easily adjusted to leave open spaces under bony parts or sores.



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over 150 lbs (70 kg).

angle

adjustment

footrest

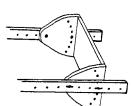
wire

height

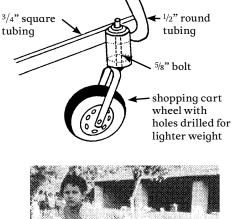
adjustment

FOOTREST

Use thin wood or plywood. (Pad sides and bottom well to prevent sores. Examine feet daily.)

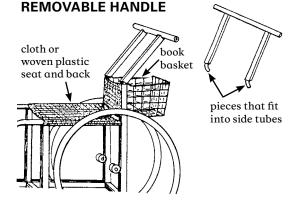


FRONT CASTER WHEEL





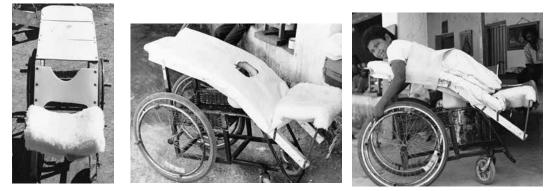
Wheelchair with lying board. A wide strap holds the child in place (but take care it does not press on sores).



You should now have enough information to make a wheelchair with a lying board without stepby-step instructions. Adapt it, and make it the size to fit the child that needs it.



Wheelchair without lying board.



A variation of the wheelchair with lying board (p. 618) adapted for a child with paraplegia with both contractures and pressure sores of his hips and knees. Urine is collected in a plastic container. The wheelchair seat has been converted into a basket.

CAUTION: Remember that a child who has some pressure sores can easily get new ones. Be sure the child lies and sits so that there is little or no pressure over bony places. Examine her whole body at least once a day and try to keep her dry.

(CP)

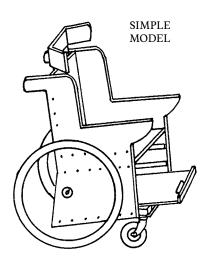
PLYWOOD FRAME WHEELCHAIR

This can be easily built by someone with basic carpentry and welding skills. Positioning aids (head rest, hip pads, etc.) can be easily added. The chair can be designed to meet a child's particular needs. For example, if the child sits well without extra support, the tops of the side pieces can be removed to allow more freedom of movement.

A plywood frame is a low-cost alternative to metal. However, if not made well, or if left out in the rain, the chair may weaken and the plywood can split. As with any wheelchair, it must be protected from misuse, periodically examined for weaknesses, and promptly repaired.

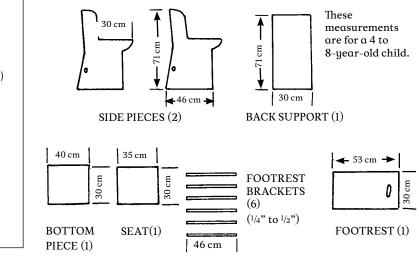


For active children the wheelchair can be strengthened by reinforcing all joints and by adding strong hubs and axles (see p. 623). See model on p. 621



HOW TO MAKE YOUR CHAIR

- 1. Review drawings of chair and adaptive equipment.
- 2. Cut out the two side pieces to the same shape; sand with sandpaper.
- 3. Cut out back support, seat, and bottom piece of chair; sand with sandpaper.
- 4. Screw or nail seat and bottom piece to back piece.
- 5. Screw or nail side pieces to seat, bottom, and back.
- 6. Check that all pieces are lined up straight. Then add glue and more screws or nails for strength.
- 7. Cut out footrest and guide brackets for footrest.
- 8. Screw or nail guide brackets to side pieces under seat.
- 9. Bolt front casters to chair and assemble rear axle tube.
- 10.Drill holes in side pieces for axle tube; mount tube and rear wheel.
- 11. Let glue dry 1 to 2 days; check for strength of all wood joints.



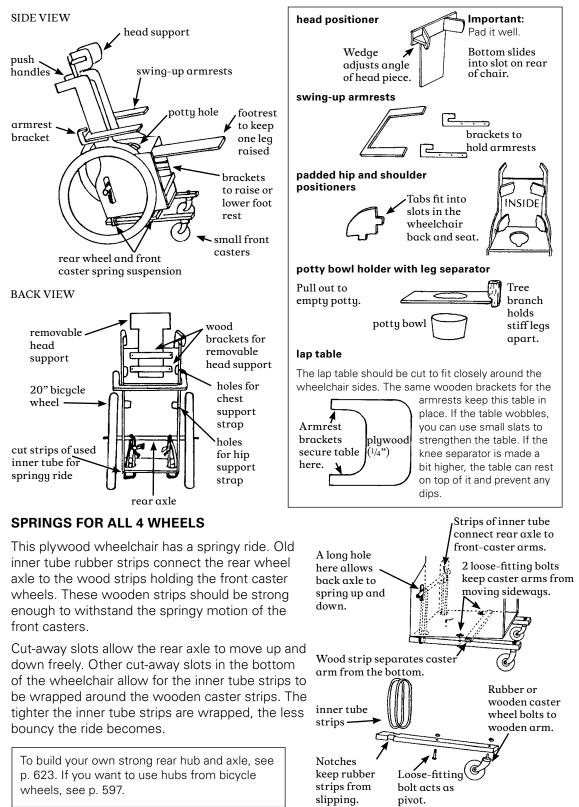
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MATERIALS NEEDED

- ¾" plywood (1 sheet)
- 20" bicycle wheels (2)
- small caster wheels (2)
- 1/2" steel tube (66 cm long)
- wood glue
- sandpaper
- screws
- nails
- 1⁄2" by 1⁄4" wood strips (6 x 46 cm long)

A plywood wheelchair with many adaptations

This wheelchair has a variety of additions sometimes needed for a small child who has difficulty with body control, head control, and urine or bowel control. The head support and armrests fit into wooden holders and can be easily removed. A lap table can be easily added. Holes can be cut out for chest and hip straps for extra support.



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WHIRLWIND AND ROUGHRIDER STEEL TUBE WHEELCHAIRS

The Whirlwind (ATI-Hotchkiss) and RoughRider wheelchairs are very strong lightweight folding chairs. On rough ground, each rides more easily and lasts longer than more costly factory-made chairs. If it breaks, it can be fixed by the neighborhood metalworker. It is narrow and helps the rider to move about crowded rooms.

The frame of this chair is made of thin-wall steel

tubing that is easy to shape by someone with basic mechanical and welding skills. It can be built in about 4 days in a small metalworking shop. More than 10 groups of mechanics with disabilities throughout Latin America are building this wheelchair—often at less than a quarter the cost of imported wheelchairs.

Most materials for this chair can be obtained locally. It uses standard 24" (or 26") bicycle wheels. The extra strong hubs (see p. 623) use standard small machinery bearings (which can often be obtained used for free or at low cost from electric machinery repair shops). The axles are 5/8" (1.6 cm) steel bolts. Seating is canvas (heavy cloth). If the small front wheels

are not available, you can make them out of wood (see pp. 597 and 616).

The curved fender bar that follows the shape of the tire makes transfers easier. The lightweight folding footrests are narrow at the front, for moving more easily in crowded spaces.

Plans for making hubs, casters, and brakes are on the next page. Complete plans for making this wheelchair are in the book Independence Through Mobility (see p. 641). The book is essential for anyone planning to build this chair.

MATERIALS NEEDED

square tubing (thin-wall)

used sealed bearings (8)

re-bar steel (¾" round)

caster wheels (2)

thin-wall tubing (from ¹/₂" to 1 ¹/₄")

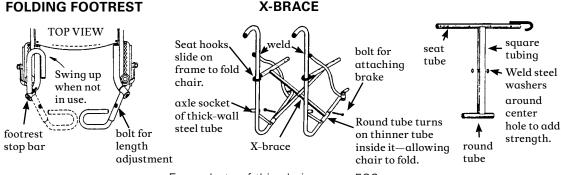
thick-wall tubing (5%" inside diameter)

thick canvas or nylon cloth (2 meters)

• bicycle rims and spokes (24" or 26" diameter)

flat bar steel (1/16" x 3%")

- axle bolts (4) (5%" x 5")
- washers (4) (1" diameter, 16 upholstery)
- screws (8 upholstery)
- machine screws (8) (1/4" x 1 1/2")
- paint or chroming chemicals
- bronze welding rod, flux
- bicycle tires and inner tubes (24")



For a photo of this chair, see p. 536.

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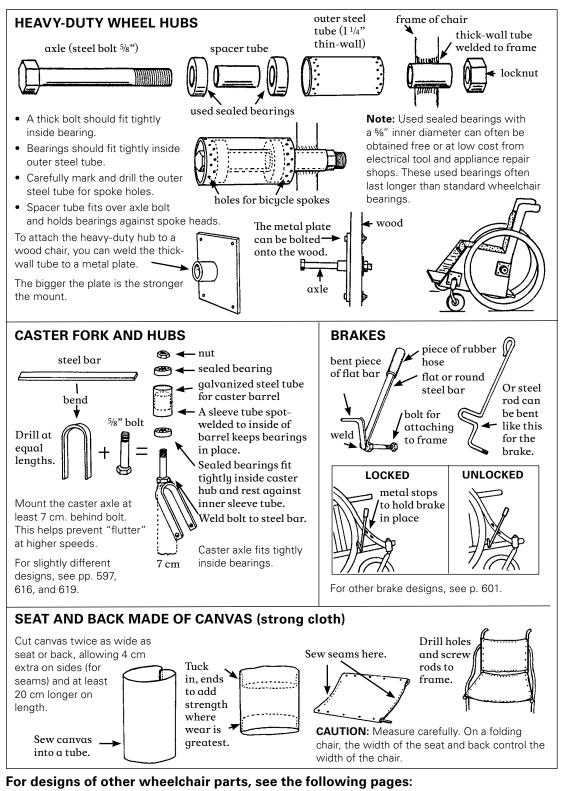


Model with wooden front wheels

DISABLED VILLAGE CHILDREN 2025

DETAILS OF HOW TO MAKE WHEELCHAIR PARTS

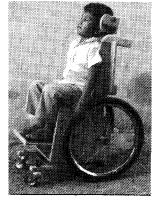
(can be used with many wheelchair designs)



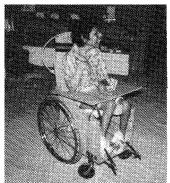
wheels: 594, 596, 597, 616, 619 seats and backs: 595, 615, 616, 617, 619, 620 tires: 596 armrests: 599, 621 footrests: 600, 616, 619, 621, 622 axle mounts: 597, 598, 615 handrims: 601 cushions: 200, 609 CP

Examples of locally made wheelchairs





The plywood wheelchair on p. 620, with the armrest in place (left) and swung back (right).



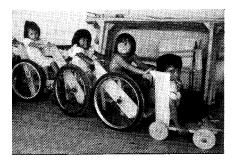
A plywood wheelchair for a child with cerebral palsy with inner tube stretching aids to gently pull his feet and straighten his severe knee contractures.



A bamboo hand-powered tricycle made at Viklang Kendra (People's Village), Allahabad, India.



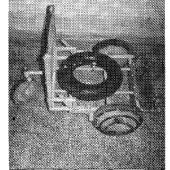
A wheelchair made completely of paper, including the wheels. Paper is glued together using rice flour in water (Zimbabwe).



A wood design of the wheelchair on p. 617, two Healthlink wheelchairs, and a trolley made from half of a plastic bucket and wood wheels.



A wood wheelchair in Thailand. The bicycle wheel axles are supported on both sides to keep them from bending.



A metal frame, wood wheel trolley in Bangladesh (see p. 518). The rubber tube serves as a cushion and also as a toilet seat.



This trolley, also from Bangladesh, uses a cushion made of coconut fiber covered with rubber (see p. 199).

For more examples of wheelchair designs, see pp. 63, 86, 98, 189, 190, 229, 288, 343, 430, 441, and 526.

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