

To learn more

Organizations

These groups provide training, educational materials, or advocacy for midwives and health workers in many parts of the world.

Averting Maternal Death and Disability Program (AMDD)

Works with partners around the world to improve access to and quality of emergency obstetric and newborn care. Some training materials are available on their website.

Heilbrunn Department of Population and Family Health
Mailman School of Public Health, Columbia University
60 Haven Avenue, B3
New York, NY 10032 USA
amdd@columbia.edu
www.publichealth.columbia.edu/research/averting-maternal-death-and-disability-amdd

Childbirth Graphics

Sells educational tools including books, posters, and models for teaching about pregnancy, birth, and women's health.

PO Box 21207
Waco, TX 76702 USA
tel: 1 855 510 6730
fax: 1 888 977 7653
customerservice@childbirthgraphics.com
www.childbirthgraphics.com

Health Books International (formerly Teaching-aids at Low Cost, TALC)

Resources for health workers and educators, available in multiple languages.

c/o Practical Action Publishing
25 Albert Street
Rugby, Warwickshire
CV21 2SD UK
tel: 44 (0) 1926 634501
help@healthbooksinternational.org
www.healthbooksinternational.org

International Confederation of Midwives

Sells educational tools including books, posters, and models for teaching about pregnancy, birth, and women's health.

Koninginnegracht 60
2514 AE, 's-Gravenhage The Netherlands
tel: 31 (0) 70 3060520
fax: 31 (0) 70 3555651
info@internationalmidwives.org
www.internationalmidwives.org

International Planned Parenthood Federation (IPPF)

IPPF promotes, supports, and delivers family planning and sexual and reproductive health care worldwide. With offices around the world, they also publish information on all aspects of family planning. For more information or to find a local office, contact:

4 Newhams Row
PO Box 30234
London SE1 3UZ UK
tel: 44 (0) 20 7939 8200
fax: 44 (0) 20 7939 8300
www.ippf.org

Ipas

Works to prevent death and injury from unsafe abortion. Creates and distributes training materials, MVA syringes and cannula, and other equipment. Ipas has offices in many countries around the world. For information or to find a local office, contact:

P.O. Box 9990
Chapel Hill, NC 27515 USA
tel: 1 919 967 7052
contactus@ipas.org
www.ipas.org

MSI Reproductive Choices

Provides information and services for sexual health to people around the world. Contact them to find a local office.

1 Conway Street
Fitzroy Square
London W1T 6LP UK
tel : 44 (0) 20 7636 6200
services@msichoices.org.uk
www.msichoices.org.uk

PATH

Creates simple, affordable, and easy to use health care tools, and helps to improve local health systems around the world. Some of the tools they have created include simple test kits for HIV and other STIs and illnesses, easy-to-use scales, delivery kits, family planning, and syringes that can only be used one time.

437 N 34th Street
Seattle, WA 98103 USA
tel: 1 206 285 3500
fax: 1 206 285 6619
info@path.org
www.path.org

Pathfinder International

Works with local governments and organizations to make family planning and women's health services available through services, advocacy, trainings and support.

info@pathfinder.org
www.pathfinder.org

White Ribbon Alliance for Safe Motherhood

A network of organizations and people who are working to prevent death and injury of women and babies during pregnancy and birth. There are local offices in many parts of the world.

1100 17th Street NW, Suite 800
Washington, DC 20036 USA
tel: 1 202 204 0324
info@whiteribbonalliance.org
www.whiteribbonalliance.org

28 September

International campaign for the decriminalization of abortion. Tools for organizing, case studies and ongoing online conversation about the right to safe abortion.

www.september28.org

Books and more

This is a short list of books and other materials that are useful for learning. Hesperian distributes several of the books listed on this page (see <https://store.hesperian.org/ctgy/midwifery.html>).

A Book for Midwives

S. Klein, S. Miller, and F. Thomson, Published by Hesperian

Available in English, French, Haitian Kreyol, Nepali, Spanish, and Urdu.

Available online in English, French, Haitian Kreyol, and Spanish at [hesperian.org](https://store.hesperian.org).

The Childbirth Picture Book

F. Hoskin, Published by Hesperian

Available in Arabic, English, French, Spanish, and Urdu.

Healthy Women, Healthy Mothers: An Information Guide

A. Arkutu, Family Care International, Inc.

[Out of print, but find it used.]

Heart and Hands: A Midwives Guide to Pregnancy and Birth, 5th edition, 2019

E. Davis, Ten Speed Press
elizabethdavis.com

Home Based Life Saving Skills

S. Buffington, L. Sibley, D. Beck, D. Armbruster, American College of Nurse Midwives

2010 edition available here:
legacy.midwife.org/ACNM/files/ccLibraryFiles/Filename/000000000545/Book%201_Basic%20Information_print%20ready.pdf

Managing Complications in Pregnancy and Childbirth: a guide for midwives and doctors—2nd ed.

World Health Organization, UNICEF, United Nations Population Fund, World Bank

Available in English:
www.who.int/publications/i/item/9789241565493

Also available in Spanish:
iris.paho.org/handle/10665.2/51987

Midwifery Today Magazine

PO Box 1290
Fall City, WA 98024 USA
tel: (1-541) 344-7438
inquiries@midwiferytoday.com
www.midwiferytoday.com

The Disabled Woman's Guide to Pregnancy and Birth

J. Rogers, Demos Health

[Out of print, but find it used.]

Obstetrics Illustrated

K. Hanretty, Elsevier Books

(several editions available, at a range of prices)
<https://www.us.elsevierhealth.com/>

Spiritual Midwifery

Ina May Gaskin, ReadHowYouWant
thefarmcommunity.com/spiritual-midwifery

Ina May's Guide to Childbirth

Ina May Gaskin, Bantam
2003 edition available:
[www.penguinrandomhouse.com/
books/58611/ina-mays-guide-to-childbirth-
by-ina-may-gaskin](http://www.penguinrandomhouse.com/books/58611/ina-mays-guide-to-childbirth-by-ina-may-gaskin)

Varney's Midwifery (multiple editions)

Various authors, Jones and Bartlett Learning
2025 edition available:
[www.jblearning.com/catalog/
productdetails/9781284250565](http://www.jblearning.com/catalog/productdetails/9781284250565)

The Anti-shock Garment

The Anti-shock Garment is a rubber suit that closes tightly around a woman's lower body. It stops hemorrhage during pregnancy and birth, from ectopic pregnancy, from ruptured uterus, or from other causes, and treats shock by sending blood from the legs to the brain, heart, and lungs. See:

safemotherhood.ucsf.edu/nasg-toolkit

or contact:

Suellen Miller
Director, Safe Motherhood Program
suellenmiller@gmail.com

Online resources

Global Health Media

Visual instruction through videos that teach important skills for mother and baby health, such as delivering the placenta, helping newborn babies breathe, how counting breaths can diagnose illness, and how to help mothers breastfeed.

globalhealthmedia.org/video

Helping Babies Breathe at Birth training video:

[globalhealthmedia.org/video/helping-
babies-breathe-at-birth](http://globalhealthmedia.org/video/helping-babies-breathe-at-birth)

The Global Library of Women's Medicine

Texts, videos, tutorials and other types of material, designed for a range of health workers, including midwives.

[www.glowm.com/for-healthcare-
professionals](http://www.glowm.com/for-healthcare-professionals)

VWR International

A supplier of laboratory products, including special paper and tape for use in sterilizing tools and equipment.

www.vwr.com