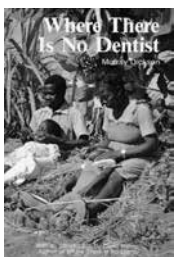


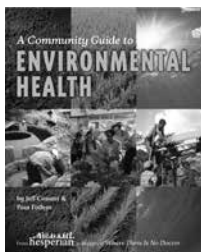
Other Titles from Hesperian Health Guides:



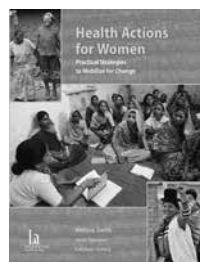
Where There Is No Doctor, by David Werner, Carol Thuman and Jane Maxwell, is the most widely used health manual in the world with information on how to diagnose, treat and prevent common diseases, emphasizing prevention and the importance of community mobilization. 512 pages.



Where There Is No Dentist, by Murray Dickson, shows how to care for teeth and gums at home, and in community and school settings. Detailed, illustrated information on dental equipment, placing fillings and pulling teeth, teaching hygiene and nutrition, and HIV and oral health. 248 pages.

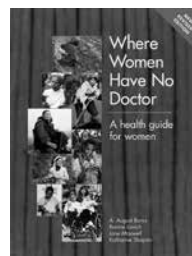


A Community Guide to Environmental Health, by Jeff Conant and Pam Fadem, helps urban and rural health promoters, activists and community leaders take charge of environmental health from toilets to toxics, watershed management to waste management, and agriculture to air pollution. Includes activities, how-to instructions, and stories. 640 pages.



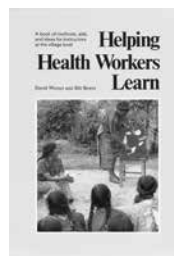
Health Actions for Women, by Melissa Smith, Sarah Shannon and Kathleen Vickery, was field tested by 41 community-based groups in 23 countries and provides a wealth of clearly explained

and engagingly illustrated activities, strategies and stories that address the social obstacles and practices that prevent women and girls from enjoying healthy lives. 352 pages.



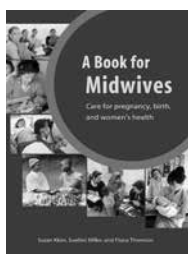
Where Women Have No Doctor, by A. August Burns, Ronnie Lovich, Jane Maxwell and Katharine Shapiro, combines self-help medical information with an understanding

of the ways poverty, discrimination and cultural beliefs limit women's health and access to care. Clearly written and with over 1000 drawings, this is an essential resources for any woman who wants to improve her health. 600 pages.



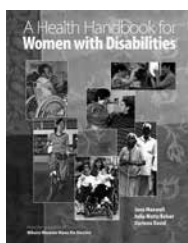
Helping Health Workers Learn, by David Werner and Bill Bower, is an indispensable resource that makes health education fun and effective. Includes activities, techniques,

and ideas for low-cost teaching aids, and presents strategies for community involvement through participatory education. 640 pages.



A Book for Midwives, by Susan Klein, Suellen Miller and Fiona Thomson, is an invaluable training tool and practical reference for midwives and anyone concerned about care for women

in pregnancy, birth and beyond. This book discusses preventing, managing and treating obstetric complications, covers HIV in pregnancy, birth and breastfeeding, and has extensive information on reproductive care. 544 pages.



A Health Handbook for Women with Disabilities, by Jane Maxwell, Julia Watts Belser and Darlena David. This handbook provides groundbreaking

advice and suggestions from women with disabilities worldwide, and helps women with disabilities improve their health, self-esteem, and ability to care for themselves and participate in their communities. 416 pages.



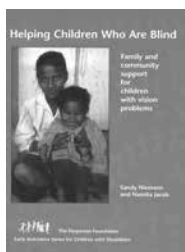
Disabled Village Children, by David Werner, covers most common disabilities of children, giving suggestions for rehabilitation and explaining how to make

a variety of low-cost aids. Emphasis is placed on how to help children with disabilities find a role and be accepted in the community. 672 pages.



Helping Children Who Are Deaf, by Darlena David, Devorah Greenstein and Sandy Niemann, aids parents, teachers, and other caregivers to help deaf children learn basic

communications skills and language. Includes simple methods to assess hearing, develop listening skills, and explore community support for deaf children. 256 pages.



Helping Children Who Are Blind, by Sandy Niemann and Namita Jacob, aids parents and caregivers of blind children from birth to age 5 develop all their capabilities. Topics

include: assessing how much a child can see, preventing blindness, moving around safely, teaching common activities, and many others. 200 pages.

h
hesperian
health guides

2860 Telegraph Avenue
Oakland, CA 94609 USA

All our books are available in multiple languages. See www.hesperian.org for details.

To purchase books:
tel: (510) 845-4507
email: bookorders@hesperian.org
online: store.hesperian.org