WHERE TO GET MORE INFORMATION

Here is a selection of organizations, printed materials, and web-based resources that can provide useful information about women’s health. We have listed organizations and materials that cover as many of the topics in this book as possible, and that work in many parts of the world. Resources are listed according to topic.

You will find other books published by Hesperian helpful for finding more detailed information than we were able to include in this book. Please see page 588 for information on: Where There Is No Doctor; A Book for Midwives; HIV, Health and Your Community; A Health Handbook for Women with Disabilities; A Community Guide to Environmental Health; and other useful titles.

You can also download Hesperian books for free and find information about various language editions on our web site: www.hesperian.org.

Advocacy and Human Rights

International Gay and Lesbian Human Rights Commission (IGLHRC):
www.iglhrc.org
International organization dedicated to human rights advocacy on behalf of LGBT people.

Io International, formerly ISIS
http://feminists.io

Coordination office:
3 Marunong St. Barangay Central
Quezon City, 1100 Philippines
Tel: (63-2) 8928-1956; Fax: (63-2) 8924-1065
Email: hello@feminists.io
Works with women’s groups around the world. Publications, technical assistance and training in communication skills and management.

People’s Health Movement:
www.phmovement.org
An international network of people and organizations led by the Global South and unified by the call for health for all. PHM works to address underlying social, cultural, and economic barriers to good health. This includes insisting that all women have access to appropriate primary health care and that their reproductive rights are respected.

Women’s Global Network for Reproductive Rights (WGNRR):
www.wgnrr.org
Email: office@wgnrr.org
Networking with women’s groups around the world; collecting and sharing information; international campaigns; monitoring research in reproductive health.

World YWCA: www.worldywca.org

Umbrella organization of the YWCA, a movement of women around the world working for social and economic change. Advocates for young women’s leadership, peace, justice, human rights and sustainable development, both on a grassroots and global scale. It is the largest women’s organization in the world, and the second oldest organization of its kind.

Appropriate Technology

Aprovecho Research Center:
www.aprovecho.net
80574 Hazelton Rd,
Cottage Grove, OR 97424, USA
Tel: (1-541) 942-8198

Information and training about low fuel cook stoves as well as organic gardening, sustainable forestry, and appropriate technology. Produces booklets describing how to build several simple stoves.

Cancer

Reproductive Health Outlook:
www.rho.org
Information on treatment and prevention of cervical cancer for health workers in poor countries and low-resource settings.

Community Health / General Health Issues

Our Bodies, Ourselves
www.ourbodiesourselves.org
P.O. Box 59043
Newton Center, MA 02459, USA
Email: office@ourbodiesourselves.org
Publishers of the classic book Our Bodies, Ourselves which provides complete information on women’s health. Has been adapted into more than 20 languages.

Health Books International
(formerly Teaching-aids at Low Cost — TALC):
www.healthbooksinternational.org
c/o Practical Action Publishing
27a Albert Street
Rugby, Warwickshire, CV21 3UA
United Kingdom
Tel: (44-0) 1926-634501
Email: help@healthbooksinternational.org
Provides books, videos, teaching materials, and simple health tools, for free or at low cost.
Where to Get More Information

World Health Organization:  
www.who.int/reproductivehealth
For information and print materials on sexual and reproductive health.
www.who.int/gender For information on gender, women and health.

Disability

Disabled Peoples’ International (DPI):  
www.dpi.org
160 Elgin Street, Place Bell R.P.O.  
P.O. Box 70073  
Ottawa, Ontario K2P 2M3, Canada  
Email: secretariat.dpi@gmail.com
Information on issues and concerns for persons with disabilities, including women’s health care, human rights, independent living, and social justice. Special focus on grassroots development. Has local offices in many countries.

Mobility International USA (MIUSA):  
www.miusa.org
132 E. Broadway, Suite 343  
Eugene, Oregon 97401 USA  
Tel/TTY: (1-541) 343-1284; Fax: (1-541) 343-6812  
Email: clearinghouse@miusa.org
Works to empower people with disabilities through international exchange and development to achieve human rights. Hosts a program to train disabled women from around the world in leadership skills. Website has a comprehensive listing of international disability organizations.

Drugs and Alcohol

Alcoholics Anonymous:  
www.alcoholicsanonymous.org
World Services  
475 Riverside Drive, 11th floor  
New York, NY 10115  
Information about alcoholism and materials on how to start community support groups for persons with drug or alcohol problems. Has groups throughout the world.

Family Planning

Emergency contraception:  
http://ec.princeton.edu
Information on emergency family planning to avoid pregnancy after unprotected sex. Gives brand names and doses for countries around the world.

International Planned Parenthood Federation (IPPF):  
www.ippf.org
4 Newhams Row  
London SE1 3UZ, UK  
Tel: (44) 020-7939-8200; Fax: (44) 020-7939-8300  
Email: info@ippf.org
IPPF promotes and supports family planning activities worldwide. They also publish information on all aspects of family planning. IPPF has offices around the world.

Funding

Global Fund for Women:  
www.globalfundforwomen.org
800 Market Street, 7th floor  
San Francisco, CA 94102, USA  
Tel: (1-415) 248-4800; Fax: (1-415) 248-4801  
Email: gfw@globalfundforwomen.org
Gives small grants to community-based women’s groups, especially those working on controversial issues and in difficult conditions. Areas of special interest are human rights, communications technology, and economic independence. Contact them for grant request information.

Mama Cash:  
www.mamacash.org
P.O. Box 15686  
1001 ND Amsterdam, The Netherlands  
Tel: (31-20) 515-8700; Fax: (31-20) 515-8799  
Email: info@mamacash.org
The oldest grant-making women’s fund in the world. Gives grants to women’s groups around the world, especially those working in difficult situations and that are led by women and girls. Supports the promotion of women and girl’s rights, as well as the human rights movements of transgender people.

Growing Older

HelpAge International:  
www.helpage.org
PO Box 70156  
London WC1A 9GB, UK  
Tel: (44-20) 7278-7778  
Email: info@helpage.org
Free publications. HelpAge has a network of over 50 organizations worldwide, working to achieve a lasting improvement in the quality of life for older persons.
**Where to Get More Information**

**HIV and AIDS**

**International HIV/AIDS Alliance:**

**www.aidsalliance.org**

Provides information on their website and print materials to support and strengthen community-based HIV programs around the world.

**Medicines**

**Ecumenical Pharmaceutical Network:**

**www.epnetwork.org**

P.O. Box 749
00606 Nairobi, Kenya
info@epnetwork.org

An African NGO network that shares information and training on accessing essential medicines, rational use of medicines, and organizing pharmaceutical services.

**Health Action International (HAI):**

**www.haiweb.org**

Overtoom 60/2, 1054 HK
Amsterdam, The Netherlands
Tel: (31-20) 412-4523
Email: info@haiweb.org

Works with partners around the world to promote the rational distribution and use of medicines.

**Monthly Bleeding**

These organizations offer ideas for making low-cost, comfortable, easy-to-clean materials that women can use and reuse for monthly bleeding.

**AFRIpads:**

**www.afripads.com**

Plot 28, Ntinda View Crescent
Naguru, Kampala, Uganda
Tel: (256) 0-392-174-561
Email: info@afripads.com

AFRIpads makes low-cost, washable cloth sanitary pads.

**Days for Girls International:**

**www.daysforgirls.org**

P.O. Box 2622
Mount Vernon, WA 98273, USA
Tel: (1-360)220-8393
Email: info@daysforgirls.org

Distributes washable Feminine Hygiene Kits around the world for use during monthly bleeding. Contact them to see if they are available in your country.

**GOONJ:**

**www.goonj.org**

J-93 Santa Vihar
New Delhi - 110076, India
Tel: (91-11) 26972351
Email: mail@goonj.org

GOONJ’s ‘Not just a piece of cloth’ initiative works in remote communities in India to promote appropriate, healthy and sustainable ways for women to manage monthly bleeding. The project includes providing sanitary pads made from recycled cloth and teaching women how to make and reuse their own.

**Reproductive Health**

**Campaign to End Fistula:**

**www.endfistula.org**

UNFPA Campaign to End Fistula
605 Third Avenue
New York, NY 10158, USA
Email: fistulacampaign@unfpa.org

Information-sharing site for partners working in fistula prevention, treatment and social reintegration. Provides a forum for the exchange of technical resources, current and planned research, and new ideas.

**Family Care International (FCI):**

**www.familycareintl.org**

45 Broadway, Suite 320
New York, NY 10006, USA
Tel: (1-212) 941-5300
Email: contact@familycareintl.org

Publishes *Healthy Women, Healthy Mothers*, a book on pregnancy and birth for health workers and others who work with women at the community level. Available for download only. Also from FCI: *Strengthen Communication Skills for Women’s Health: A Training Guide*; and *Getting the Message Out: Designing an Information Campaign on Women’s Health.*
Where to Get More Information

**Ipas: www.ipas.org**
PO Box 9990,
Chapel Hill, NC 27515, USA
Tel: (1-919) 967-7052; Fax: (1-919) 929-0258
Email: info@ipas.org
Works to prevent death and injury from unsafe abortion through training, research and advocacy aimed at ensuring safe abortion services. Ipas has offices in many countries around the world. Contact them for information or to find a local office.

**Marie Stopes International: www.mariestopes.org.uk**
1 Conway Street, Fitzroy Square
London W1T 6LP, UK
Tel: (44-207) 636-6200
Email: info@mariestopes.org.uk
Provides information and services for sexual health to people around the world. Contact them to find a local office.

**PATH: www.path.org**
PO Box 900922
Seattle, WA 98109 USA
Tel: (1-206) 285-3500; Fax: (1-206) 285-6619
Email: info@path.org
Creates simple health care tools that are affordable and easy to use, and helps to improve local health systems around the world. Tools include simple test kits for HIV and other STIs and illnesses, easy-to-use scales, delivery kits, and syringes that can be used only one time.

**Pathfinder International: www.pathfind.org**
9 Galen Street, Suite 217,
Watertown, MA 02472, USA
Tel: (1-617) 924-7200; Fax: (1-617) 924-3833
Email: information@pathfind.org
Works with local governments and organizations to make family planning and women’s health services available by giving training and helping to create health care systems.

**World Alliance for Breastfeeding Action (WABA): www.waba.org.my**
PO Box 1200
10850 Penang, Malaysia
Tel: (60-4) 658-4816; Fax: (60-4) 657-2655
Email: waba@waba.org.my
A global network of NGOs and individuals whose common goal is to promote, support and protect breastfeeding. Contact WABA for local groups that can help.

**Women on Web: www.womenonweb.org**
Online community of women, organizations, and others dedicated to helping women around the world gain access to safe abortion services to protect women’s lives and health.

**Sexual Health**

**Female Genital Cutting Education and Networking Project: www.fgmnetwork.org**
Online clearinghouse for material related to female genital mutilation that also serves as a community for researchers, activists, attorneys, and health care practitioners involved in FGM-related projects.

**Pleasure Project, The: www.thepleasureproject.org**
An educational, advocacy, and research program that promotes safer sex that feels good.

**Violence**

**Raising Voices: www.raisingvoices.org**
PO. Box 6770
Kampala, Uganda
Tel: (256) 41-4531-186
Email: info@raisingvoices.org

**Work**

**International Labour Organization: www.ilo.org**
4, rue des Morillons, CH 1211
Geneva 22, Switzerland
Tel: (41-22) 799-6111; Fax: (41-22) 798-8685
Email: ilo@ilo.org