

WHERE TO GET MORE INFORMATION

Here is a selection of organizations, printed materials, and web-based resources that can provide more information about many of the topics in this book, and that work in many parts of the world. Resources are listed according to topic.

Other Hesperian resources have more detailed information than we were able to include in this book. Please see the last pages of this book for information on: *Where There Is No Doctor*; *A Book for Midwives*; *A Health Handbook for Women with Disabilities*; *A Community Guide to Environmental Health*; our reproductive health mobile applications; and other useful resources.

You can download many Hesperian materials for free and find information about various language editions on our web site: www.hesperian.org.

Advocacy and Human Rights

OutRight Action International **<https://outrightinternational.org>**

216 East 45th Street, 17th floor
New York, NY 10017 USA
Tel: (1-212) 430-6054
Email: hello@outrightinternational.org
Human rights advocacy on behalf of LGBTIQ people.

IO International, formerly ISIS **<http://feminists.io>**

3 Marunong St. Barangay Central
Quezon City, 1100 Philippines
Tel: (63-2) 8928-7685; Fax: (63-2) 8924-1065
Email: hello@feminists.io
*Works with women's groups around the world.
Publications, technical assistance in communication skills and management.*

People's Health Movement **www.phmovement.org**

An international network of people and organizations led by the Global South, PHM addresses social, cultural, and economic barriers to good health. This includes women's access to appropriate primary health care and reproductive rights.

Women's Global Network for Reproductive Rights (WGNRR): www.wgnrr.org

Email: admin@wgnrr.org
Networking with women's groups around the world, collecting and sharing information, international campaigns, monitoring research in reproductive health.

WorldYWCA: www.worldywca.org

Email: worldoffice@worldywca.org
Umbrella organization of the YWCA, women around the world working for social and economic change. Advocates for young women's leadership, peace, justice, human rights and sustainable development, both locally and globally.

Appropriate Technology

Appropedia: www.appropedia.org

Email: info@appropedia.org
A collaborative website where people from all over the world share ideas and solutions about sustainability using low-cost and appropriate technology.

Cancer

Finding Your Way Through Cancer booklet and flipchart **en.hesperian.org/hhg/New_Where_There_Is_No_Doctor:Cancer_education_materials**

Cancer education materials created by Hesperian in collaboration with the American Cancer Society. Can be viewed online, downloaded, and printed. Answers common questions about cancer, and can be used by health workers and counselors for public education.

Community Health/General Health Issues

Our Bodies Ourselves Today **www.ourbodiesourselves.org**

This classic book is out of print, but its contents and new materials are available on this website. Also has information about editions in 34 languages.

Health Books International (formerly Teaching-aids at Low Cost — TALC) **www.healthbooksinternational.org**

c/o Practical Action Publishing
25 Albert Street
Rugby, Warwickshire CV21 2SD, UK
Tel: (44-0) 1926-634501
Email: help@healthbooksinternational.org
Provides books, videos, teaching materials, and simple health tools, for free or at low cost.

World Health Organization**[https://www.who.int/teams/sexual-and-reproductive-health-and-research-\(srh\)](https://www.who.int/teams/sexual-and-reproductive-health-and-research-(srh))**

For information and print materials on sexual and reproductive health.

<https://www.who.int/health-topics/gender>

For information on gender, women, and health.

Disability**Disabled Peoples' International (DPI)****<https://disabledpeoplesinternational.org>**

Unit #1, 110 Didsbury Road
Kanata, ON K2T 0C2 Canada
Email: secretariat.dpi@gmail.com

Information on issues and concerns for persons with disabilities, including women's health care, human rights, independent living, and social justice. Special focus on grassroots development. Has local offices in many countries.

Mobility International USA (MIUSA)**www.miusa.org**

132 E. Broadway, Suite 343
Eugene, OR 97401 USA
Tel/TTY: (1-541) 343-1284
Email: clearinghouse@miusa.org

Works to empower people with disabilities through international exchange and development to achieve human rights. Hosts a program to train disabled women from around the world in leadership skills. Website has a comprehensive listing of international disability organizations.

Drugs and Alcohol**Alcoholics Anonymous: <https://www.aa.org>**

Information about alcoholism and materials on how to start community support groups for persons with drug or alcohol problems. Has groups throughout the world.

Moderation Management**<https://moderation.org/>**

A US-based organization and support network that helps people make positive changes to their alcohol use, including reducing use or quitting. Offers online support including meetings and an email list.

SMART Recovery International**<https://www.smartrecoveryinternational.org/>**

A global organization that supports people in their recovery from addiction to drugs and alcohol. Focuses on weekly in-person and online support groups.

Family Planning**International Consortium for Emergency Contraception: <https://www.cecinfo.org>**

Information on emergency contraception to avoid pregnancy after unprotected sex. Gives pill brand names and availability for countries around the world.

International Planned Parenthood Federation (IPPF): www.ippf.org

4 Newhams Row
London SE1 3UZ, UK
Tel: 44 (0)20-7939-8200; Fax: 44 (0)20-7939-8300

IPPF, with offices around the world, promotes and supports family planning activities worldwide, and publishes information on all aspects of family planning.

Funding**Global Fund for Women
www.globalfundforwomen.org**

800 Market Street, 7th floor
San Francisco, CA 94102 USA
Tel: (1-415) 248-4800; Fax: (1-415) 248-4801
Email: gfw@globalfundforwomen.org

Small grants to community-based women's groups working on controversial issues and in difficult conditions. Special interests: human rights, communications technology, and economic independence. Contact for granting information.

Mama Cash: www.mamacash.org

P.O. Box 15686
Eerste Helmersstraat 17-III
1054 CX Amsterdam, The Netherlands
Tel: (31-20) 515-8700
Email: info@mamacash.org

Grants globally to groups led by women and girls working in difficult situations. Supports the promotion of human rights for women, girls, and transgender people.

Growing Older**HelpAge International: www.helpage.org**

PO Box 78840
London SE1 7RL UK
Tel: 44 20 7278-7778
Email: info@helpage.org

Free publications. HelpAge is a network of over 50 organizations worldwide working to improve the quality of life of older people.

HIV and AIDS

Frontline AIDS: www.frontlineaids.org

Provides information on their website and print materials to support and strengthen community-based HIV programs around the world.

Infertility

RESOLVE: www.resolve.org

Provides support and resources to people facing infertility, advocates for increased access to all family-building options, and educates to reduce the stigma of infertility.

Medicines

Ecumenical Pharmaceutical Network www.epnetwork.org

P.O. Box 749
00606 Nairobi, Kenya
Tel: +254 724 301755
info@epnetwork.org

An African non-profit network of faith-based organizations that shares information and training on accessing essential medicines, rational use of medicines, and organizing pharmaceutical services.

Health Action International (HAI) www.haiweb.org

Overtoom 60/2, 1054 HK
Amsterdam, The Netherlands
Tel: 31 (0) 20 412 4523
Email: info@haiweb.org

Works with partners around the world to promote the rational distribution and use of medicines.

Menstrual Periods

These organizations offer ideas for making low-cost, easy-to-clean, reusable products for your period.

AFRIpads: www.afripads.com

Plot 28, Ntinda View Crescent
Naguru, Kampala, Uganda
Tel: 256 (0) 392-174-561
Email: info@afripads.com

AFRIpads makes low-cost, washable sanitary pads.

Days for Girls International www.daysforgirls.org

P.O. Box 2622
Mount Vernon, WA 98273 USA
Tel: (1-360) 220-8393
Email: info@daysforgirls.org

Distributes washable feminine hygiene kits. Contact them to see if they are available in your country.

GOONJ: www.goonj.org

J-93 Sarita Vihar
New Delhi 110076 India
Tel: 011-41401216, 011-26972351
Email: mail@goonj.org

GOONJ's "Not just a piece of cloth" initiative works in remote communities in India to promote appropriate, healthy, and sustainable ways for women to manage their periods. The project includes providing sanitary pads made from recycled cloth and teaching women how to make and reuse their own.

Mental Health

Listen, Protect and Connect: Family to Family, Neighbor to Neighbor https://www.ready.gov/sites/default/files/documents/files/LPC_Booklet.pdf

A guide that explains psychological first aid to help community members in disaster and emergency situations.

Other Supplies

VWR International: <https://www.vwr.com/>

A supplier of laboratory products, including special paper and tape for use in sterilizing tools and equipment.

Reproductive Health

Campaign to End Fistula www.endfistula.org

UNFPA Campaign to End Fistula
605 Third Avenue
New York, NY 10158 USA

Information-sharing site for partners working in fistula prevention, treatment, and social reintegration. Provides a forum for the exchange of technical resources, current and planned research, and new ideas.

Ipas: www.ipas.org

PO Box 9990,
Chapel Hill, NC 27515 USA
Tel: (1-919) 967-7052
Email: contactus@ipas.org

Works globally to prevent death and injury from unsafe abortion through training, research, and advocacy for safe abortion.

MSI Reproductive Choices
<https://www.msichoice.org.uk>

1 Conway Street, Fitzroy Square
 London W1T 6LP UK
 Tel : +44 (0)20 7636 6200
 Email: services@msichoice.org.uk

Provides information and services for sexual health to people around the world. Contact them to find a local office.

PATH: www.path.org

2201 Westlake Avenue, Suite 200
 Seattle, WA 98109 USA
 Tel: (1-206) 285-3500; Fax: (1-206) 285-6619
 Email: info@path.org

Creates health care tools to improve local health systems, such as test kits for HIV and other STIs, scales, delivery kits, and single-use syringes.

Pathfinder International: www.pathfinder.org

9 Galen Street, Suite 217,
 Watertown, MA 02472 USA
 Tel: (1-617) 924-7200; Fax: (1-617) 924-3833
 Email: communications@pathfinder.org

Works with local governments and organizations to make family planning and women's health services available by training and creating health care systems. Provides curriculum on youth-friendly sexual and reproductive health care.

World Alliance for Breastfeeding Action (WABA): www.waba.org.my

PO Box 1200
 10850 Penang, Malaysia
 Tel: (60-4) 658-4816; Fax: (60-4) 657-2655
 Email: waba@waba.org.my

A global network of NGOs and individuals to promote, support, and protect breastfeeding. Contact WABA for local groups.

Women on Web: www.womenonweb.org

Email: info@womenonweb.org
Online global community dedicated to helping women gain access to safe abortion. Includes information on medication abortion and how to get pills.

Sex Work

Global Network of Sex Work Projects
www.nswp.org

Email: secretariat@nswp.org
An international network of organizations advocating for rights-based services and for self-determination, freedom from abuse, discrimination, punitive laws, and oppressive policies and practices.

Sampada Grameen Mahila Sanstha (SANGRAM): <https://www.sangram.org/>

Email: info@sangram.org
*SANGRAM focuses on empowering stigmatized communities, including sex workers. Download their training manual, *The Struggle to Be Human*.*

Sexual Health

28 Too Many: www.28toomany.org

Online information on female genital cutting.

The Pleasure Project
www.thepleasureproject.org

Email: info@thepleasureproject.org
Education, advocacy, and research promoting safer sex.

Violence

Hot Peach Pages: www.hotpeachpages.net

A 115-language directory of domestic violence and abuse hotlines, shelters, safe houses, crisis centers and organizations.

One Man Can Toolkit
genderjustice.org.za/project/community-education-mobilisation/one-man-can/one-man-can-toolkit/

Fact sheets from the Sonke Gender Justice Campaign, in English, French, and Xhosa, to help men and boys end domestic and sexual violence and promote equitable relationships.

Raising Voices: www.raisingvoices.org

P.O. Box 6770
 Kampala, Uganda
 Tel: 256 414 531 186
 Email: info@raisingvoices.org
*Manuals on domestic violence prevention, such as: *Rethinking Domestic Violence: A Training Process for Activists; Mobilising Communities to Prevent Domestic Violence*.*

Work

International Labour Organization:
www.ilo.org

4, rue des Morillons, CH 1211
 Geneva 22 Switzerland
 Tel: 41 (0) 22 799 6111; Fax: 41 (0) 22 798 8685
 Email: ilo@ilo.org
A U.N. agency that promotes workplace standards for equality, justice, human rights, worker safety and health, and protection for pregnant women and children. Offices worldwide.