Other books from Hesperian

**Where There Is No Doctor**, by David Werner with Carol Thuman and Jane Maxwell. Perhaps the world's most widely used health care manual, it provides vital, easily understood information on how to diagnose, treat, and prevent common diseases. Emphasizes prevention, including cleanliness, diet, vaccinations, and the role people must take in their own health care. 512 pages.

**HIV, Health, and Your Community**, by Reuben Granich and Jonathan Mermin. Essential for community health workers and others confronting the growing HIV/AIDS epidemic. Emphasizes prevention and also covers virus biology, epidemiology, and ideas for designing HIV prevention and treatment programs. Contains an appendix of common health problems and treatments for people with HIV/AIDS, along with other practical tools for health workers. Now updated to include antiretroviral treatments and new advances in therapy. 245 pages.

**Where Women Have No Doctor**, by A. August Burns, Ronnie Lovich, Jane Maxwell, and Katharine Shapiro, combines self-help medical information with an understanding of the ways poverty, discrimination, and cultural beliefs limit women's health and access to care. Clearly written and with over 1000 drawings, this book is an essential resource for any woman who wants to improve her health, and for health workers who want more information about the problems that affect only women, or that affect women differently from men. 584 pages.


**A Health Handbook for Women with Disabilities**, by Jane Maxwell, Julia Watts Belser, and Darlena David. The social stigma of disability and inadequate care are often greater barriers to health than disabilities themselves. This groundbreaking handbook, full of useful advice and suggestions from women with disabilities worldwide, will help women with disabilities improve their general health, self-esteem, and abilities to care for themselves and participate in their communities. 406 pages.
**Where There Is No Dentist**, by Murray Dickson, promotes care for the teeth and gums, and prevention through hygiene, nutrition, and education. Includes information on using dental equipment, placing fillings, taking out teeth, and new material on HIV/AIDS and oral health. 237 pages.

**Helping Health Workers Learn**, by David Werner and Bill Bower. Indispensable for teaching about health, this heavily illustrated book promotes effective community involvement through participatory education. Includes activities for mothers and children; tips for using theater, flannel-boards, and other techniques; and ideas for producing low-cost teaching aids. 640 pages.

**Disabled Village Children**, by David Werner, covers most common disabilities of children. It gives suggestions for rehabilitation and explains how to make a variety of low-cost aids. Emphasis is placed on how to help disabled children find a role and be accepted in the community. 672 pages.

**Helping Children Who Are Deaf**, by Sandy Neimann, Devorah Greenstein, and Darlena David, helps parents and other caregivers build the communication skills of young children who do not hear well. Covers signed and spoken methods, assessing hearing loss, exploring causes of deafness, and more. 250 pages.

**Helping Children Who Are Blind**, by Sandy Niemann and Namita Jacob, aids parents and other caregivers in helping blind children develop all their capabilities. Topics include: assessing what a child can see, preventing blindness, moving around safely, teaching common activities, and more. 192 pages.

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